

# Cycling Guide

## Gawler and surrounds

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## Preface

*Cycling is a great activity. This guide was born out of the need to provide a guide to cycling in and around Gawler and the wider region. Its aim is to provide the information you need to plan your trips. In particular it has been designed with visitors to the region in mind.*

Thanks must firstly go to the Gawler Wheelers Cycling group. The majority of the routes are routes that the Wheelers have pioneered, ridden and refined. It has been their dedication and enthusiasm for riding around this region that has been the motivation to produce this guide.

### *About the author*

Paul is a keen cyclist who loves to encourage people to take up cycling. Whenever possible he will take the opportunity to cycle, including commuting to work and when on holidays. He is never too far away from the next ride.

A guide like this needs funding to be produced and the following organisations are gratefully acknowledged for their financial contribution;

The Gawler Business and Development Group Board

Regional Development  
Australia - Barossa

Gawler Environment and Heritage Association.

For the production of the guide, Gawler - based publishing business Australian Educational Publications and Training are thanked for their pro bono contribution. We all hope you enjoy using this guide, that it helps you to navigate safely around Gawler and that it opens up some wonderful rides around our region.

Safe cycling,  
Paul Koch.  
Cycling enthusiast

## Introduction



### Cycling, how good is it

Cycling is becoming more and more popular. People are seeing the advantages of getting on a bike. In Australia, it was only a generation ago that people used bikes to get around, from students riding to school to people using bikes for general commuting.

Over the last few decades there has been a shift away from bikes towards motor vehicles. With more motor vehicles on the road, people feel less safe on their bikes so opt to drive, so it becomes more and more difficult to ride.

Luckily this is changing. There is a focus on making it safe to ride with better infrastructure, like cycle pathways that separate the cars from cyclists, and greater awareness by drivers of cyclists.

Here in Australia there tends to be a focus on cyclists who ride for recreation. In Europe and other places the focus is more towards commuting and going to shops. In Australia we could focus more on cycling as a regular form of transport.

In this guide we highlight rides you can take to explore our region, and also ways to negotiate around Gawler to get to the schools, shops and around the town to visit friends. We want to help people think about how to use their bikes again safely.

## Cycling in general

*Although cycling is a great activity we can't get away from the fact it does have its level of risk. There are too many cyclist injuries and tragically, deaths on our roads, so it is important to understand and follow some rules and good practices that make cycling as safe as possible.*

- Always abide by all road rules. This includes traffic lights, traffic signs such as stop signs and traffic queues.
- Always wear an approved helmet, properly fitted.
- Have a warning bell and reflectors attached to your bike.
- Have lights on, front and rear that can be seen from 200 meters when there is low light. In practice it is good to always have lights on when you are cycling. Flashing lights in the daylight help you to be seen more easily.
- Wear bright coloured clothes so you stand out.
- Make sure your bike is roadworthy and well-maintained. This includes brakes working properly, tyres at the correct pressure, chain oiled, cables at the correct tension, seat at correct height and the bike the right size for you. Also carry a spare tube or two, plus tools for emergency repairs including a pump firmly attached to your bike, or CO2 canisters. If you need assistance with your bike, visit a local bike shop where they will be able to sort out any problems.
- Be courteous and predictable. Motorists need to know what you are intending to do, plus you will gain their respect. Eye contact and clear hand signals are important.
- When in a group, never ride more than two abreast, and if on narrow roads ride in single file.
- Communicate within your group about any hazards ahead and your intentions. When riding behind a person, never 'half wheel' them, as they may need to move across quickly to avoid a hazard.
- Hazards are always present when riding. There may be drain-covers, pot holes, loose gravel, glass or bits that have fallen off motor cars on the edge of the road. Watch out and respond.
- Be alert when you are riding from the moment you step onto your bike. Scan in front of you, don't just look down at your front wheel. For example, where there are parked cars, look for people who may be opening doors and cars ready to pull out. Listen for engine noises that will alert you to what is happening around you. It is good practice not to ride with earphones in, listening to music as you reduce your ability to hear what is going on around you.



- Be ready to respond. Be conscious of what vehicles are doing around you, from turning in front of you, overtaking then turning left, changing lanes, overtaking etc. Be ready to brake hard or take evasive action. Remember, you may have the right of way, but if you are involved in an accident, the consequences can be very serious.

- Remember, motorists do not want to have an accident with you, but often they are not specifically looking for a cyclist who may be in the far left of the lane. A recent law change in South Australia has increased motorists' awareness of cyclists, but you still need to be alert at all times.

- Keep well hydrated at all times. Carry water, and some type of drink that will replace electrolytes. Some form of food is also important for long rides. Wear sun and lip screen, plus suitable glasses to protect you from insects etc., sunglasses in summer and clear glasses in lower light.

- Have some form of emergency identification such as a bracelet or 'dog tag'. This should include vital medical information plus emergency contact numbers.

- Carry a mobile phone, or money to make a call if needed. Also, it is important to tell people where you are going and your estimated time of return.

For more information about keeping safe on the road, visit the Motor Accident Commission of SA at [www.mac.sa.gov.au/cyclists](http://www.mac.sa.gov.au/cyclists) They have very detailed and important information.

## Gawler as a cycling hub

*Gawler is a great place to ride from, with a variety of different terrains to make it interesting. Gawler has everything you would want as a cyclist.*

First, it is easy to get here by road via Main North Road or the Northern Expressway. Look for signs to direct you to the centre of town and the Visitor information Centre (VIC)

By rail, catch the train to Gawler Central. Leave the station at the eastern end of the platform, and cross over Murray Street at the pedestrian crossing. Ride through the carpark to Warren Street, turning right and travelling to the end. The big park in front of you is Pioneer Park, and the Visitor Information Centre is across the other side, where all the rides in this guide start and finish from.

Gawler is easy to access. In Gawler you can ride the linear paths that follow the rivers, or through the local streets with beautiful heritage buildings. This shared pathway Tapa Pariara provides the basis for commuting around Gawler, which allows you to link to schools and shops.

From Gawler you can radiate out to ride different challenges and distances. There are flat rides to the west, including along the Stuart O'Grady Bikeway, or out to Virginia and Two Wells. If you want a longer ride, take in Mallala.

There are undulating foothills rides that take in different scenes, from the open views of farming fields around Freeling

and Kapunda, to the beautiful vineyards of the Barossa Valley. For those who want a challenge, go east into the steeper hills. There are plenty of climbs to test your legs including the famous Checkers Hill or Menglers Hill.

There are also other dedicated pathways you can cycle on, including the Jack Bobridge path that will take you to Lyndoch and then through to Tanunda, where you can link up with other paths all the way to Angaston.

The other beauty of riding from Gawler is the network of quiet open roads, with little traffic compared to the city.

Generally the weather is also good for cycling. Being that little bit further from the coast but still low altitude, it tends to have favourable weather for cycling in winter.

So Gawler is a great place to start your cycling experience from, with plenty of rides on offer, and plenty of restaurants, pubs and cafes for afterwards. A great launching place for all things cycling.

## Gawler and surrounds

*This guide is designed to provide a guide to cycling in and around Gawler*

Gawler was established in 1839 and was the first country town in South Australia. It was established where the South and North Para Rivers meet. It quickly prospered as a link to the copper mines in Kapunda and was an important stop enroute to the Murray River.

Gawler became a service centre for agriculture and a thriving industrial centre, including for agricultural and mining machinery and rail engines and rolling stock. It continues to be a regional centre.

From Gawler you can explore the many different types of landscapes with their different characters.

Directly east is the beautiful Barossa Valley, with its German heritage and premium wine production. A little further east and you get over the ranges and into more open high rainfall country.

Tanunda is the perfect place to base your cycling from. It the main street they have a well-appointed cycle hub. Amenities include shelter and picnic tables, water, toilets, showers, cycle storage and lock-up, bike maintenance stands, bike accessories, bike hire and regional cycle and tourism information.

For more information, visit:  
[www.barossa.com/visit/see-do/cycling/barossa-cycle-hub](http://www.barossa.com/visit/see-do/cycling/barossa-cycle-hub)  
or phone 1300 852 982.

To the south you are in the Adelaide Hills, where you can get amongst the big trees.

To the west you ride into the rich Gawler River flood plain where you can work your way through a patchwork of different horticultural and other crops.

For information visit the District Council of Mallala Council's web site: [www.mallala.sa.gov.au/Home](http://www.mallala.sa.gov.au/Home) where you will find all the visitor information you need or phone 08 8527 0200 for information.

To the north you get into the more open country of broad acre farm production, from cereals like wheat and barley through to oil seed crops. This is a chance to enjoy the open vistas.

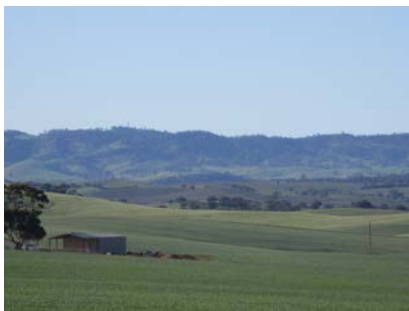
For information about this region visit Light Regional Council at [www.light.sa.gov.au/vic](http://www.light.sa.gov.au/vic) or phone 1300 770 301.

All of these different regions offer a range of distinct experiences. Take the opportunity to stop and check out the different towns, their amenities and places of interest. One of the most exciting parts of cycling is the opportunity to experience the country you are riding through at an enjoyable pace.

As you work through this guide, consider the opportunities to visit and experience the different attractions on offer. It is advisable to check out the different regions' tourist information services, and see how the rides can be linked to places you may want to visit.



*Gawler Wheelers on the bike path at  
Dead Man's Pass*



*View across to the Barossa Ranges*



*Tanunda Bike Hub*

## Amenities in Gawler

At the Visitor Information Centre at 2 Lyndoch Road you will find all your visitor information. This includes accommodation options, restaurants, cafes, bakeries and pubs. There is also a bike hub where you can access

- water
- toilets
- showers
- bike racks
- lockups
- shelter
- tables and seats
- bike maintenance stand
- information

You can also charge an electric bike or your Di2 and hire a bike.

Phone: **1300 545 254**,

or visit:

[www.gawler.sa.gov.au/  
gawler-visitor-information-centre](http://www.gawler.sa.gov.au/gawler-visitor-information-centre)

Gawler Cycles can cater for all your cycling needs. They offer a full range of servicing and repairs, and carry a wide range of spare parts, accessories and cycling gear. They also have a great selection of bikes for all the family.

Phone: **08 8522 2343**

or visit: [www.gawlercycles.com](http://www.gawlercycles.com)

## Cycling groups and clubs

For recreational riding, you can join the Gawler Wheelers. This group holds regular rides each Saturday morning. Details can be found at [www.bikesa.asn.au/freeridesandgroups](http://www.bikesa.asn.au/freeridesandgroups) or their Facebook Page

For a more competitive edge you can join Central Districts Cycling Club. They are a road and track racing club and are suited to both competitive and recreational riders. Details can be found at; [www.centrals.org.au](http://www centrals.org.au)

Gawler also has BMX racing with the Gawler BMX Club. They have regular racing meetings at their very well-appointed track. Details can be found at; [www.bmxsa.com.au/gawler/en-au/clubhome.aspx](http://www.bmxsa.com.au/gawler/en-au/clubhome.aspx)



## Using this guide

*The routes described in this guide are very popular routes. For each route there is a description and profile, and a map including where the different towns are. Towns that are good to have a stop at, are identified with a red marker.*

The three should be read together so you can get a good understanding of the route before you tackle it.

Each description gives the overall distance, and an indication of the riding time if you ride at around 23 to 25 kilometers per hour. The actual time spent out on the ride will depend on your speed, the numbers of stops you are planning and the time spent at the different points of interest. There are also icons that identify the amenities at the different towns.

For each map it will be possible to download the route into your phone or navigational device.

You can start at any point along the route, so although in the guide, each ride starts and finishes at Gawler, you could start and finish where-ever you wish.



~~~~~ information



~~~~~ toilets



~~~~~ water



~~~~~ food



~~~~~ bike repairs



~~~~~ bike hub facilities



~~~~~ bike hire

## Riding surfaces

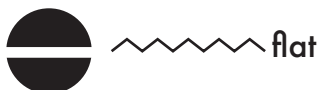
Across the routes there are different surfaces you will encounter. The description will indicate these, which include;

- Sealed cycling / walking paths or bikeways separated from traffic
- Sealed roads
- Unsealed roads

On some rides you may be only on one type of surface, for example a sealed roadway, and on other rides it may be a combination of sealed roadway, bikeway and sections of unsealed or gravel road. In the majority of cases a road-going bike is appropriate, but the route starting on Allendale Road is predominately a gravel surface, so an off-road bike is needed.

## Challenges

One of the main challenges for any cyclist is the profile of the route; how many hills. Rides are grouped into different categories. These are;



flat



undulating



hills

Within each category the routes have been arranged with the easiest listed first, then getting more difficult.

You can check the profile to see how any hills are spread out over the route.

## Choosing a ride

*When you start to choose a ride to do, think about your level of fitness and experience.*

*It is important to choose one that matches your ability but also gives you a bit of a challenge.*

If you are new to riding, consider cycling the bikeways and shared paths to start with. This way you can build up your skills away from the traffic. Once you build up your experience, skills and confidence, you may want to take on the flatter rides and then over time build up to some of the more challenging rides over a longer distance.

It is good to have a back-up plan. This includes being able to contact someone to pick you up if there is a major mechanical problem, or if you get to a point where you can't keep going. So it's important to have a mobile phone on you and have someone who can help out if needed.

The maps have a lot of detail in them, particularly road names, so if you need to direct someone to you, you should be able to locate a reference to use. This is especially important in case of an emergency.

When looking at the route, think about an 'escape route' if there is a problem. If tackling one of the bigger rides and things aren't going to plan, have an option to cut the route down a bit or simply retrace your steps. In many cases the routes share similar parts, so it's possible to use part of another ride as the escape route. It is best to use a part of a route that is already marked, as it tends to be the safest and most direct route to bring you back to Gawler or your starting point.

This guide should help you to enjoy cycling in and around Gawler. It really is a whole lot of fun.



# Navigating around Gawler

# Gawler Rivers Path - Tapa Pariara – with East Terrace link. 8.4 km. 1hour

Gawler's history revolves around the two rivers, the North and South Para. The shared pathway follows the two rivers and gives you an opportunity get away from the traffic for a flat ride if you want. If you are after a bit of a challenge there are some steep bits to take on. There are some tight turns over the rivers, but if you take it easy, it's a great way to explore and connect up to different parts of the town.

From the V.I.C, head up Lyndoch Road, left into Edith Street. Veer left and then over the railway line. At Murray Road, cross over diagonally to connect with the shared path-way.

Follow the path over the bridge then back onto Barber Street, following the road markings, under the bridge and around, carefully crossing over a narrow bridge on your left (1.6km).

Follow the path, past the bowling and netball clubs until you go under the railway bridge. Then a sharp right over the river bridge, then left. Follow the path as it runs along the river until you reach another bridge, which you cross over. The path then curves around the top of the river bank. When you reach 14th Street, (3.8km) watch for cars coming up through the causeway. When safe, cross over and again follow the path to your left. On Julian Terrace you will ride under big Morten Bay figs. The path then drops down on your right (4.5km), to the side of the river. Follow it under the bridge and then back up and around until you reach another causeway (5.25km) on Murray Street. This is a busy road, so watch for traffic from all directions. Once safe, cross over and you are now in Dead Man's Pass. Follow the path as it runs along the river until you get to a very steep incline (6.3km). It is here you can choose to retrace your steps, if you want a flat ride. If not, it's a very steep climb up. At the top turn left and you join East Terrace. There is still a

bit of climbing until you top out (7km). The road is nice and wide, and usually very few cars.

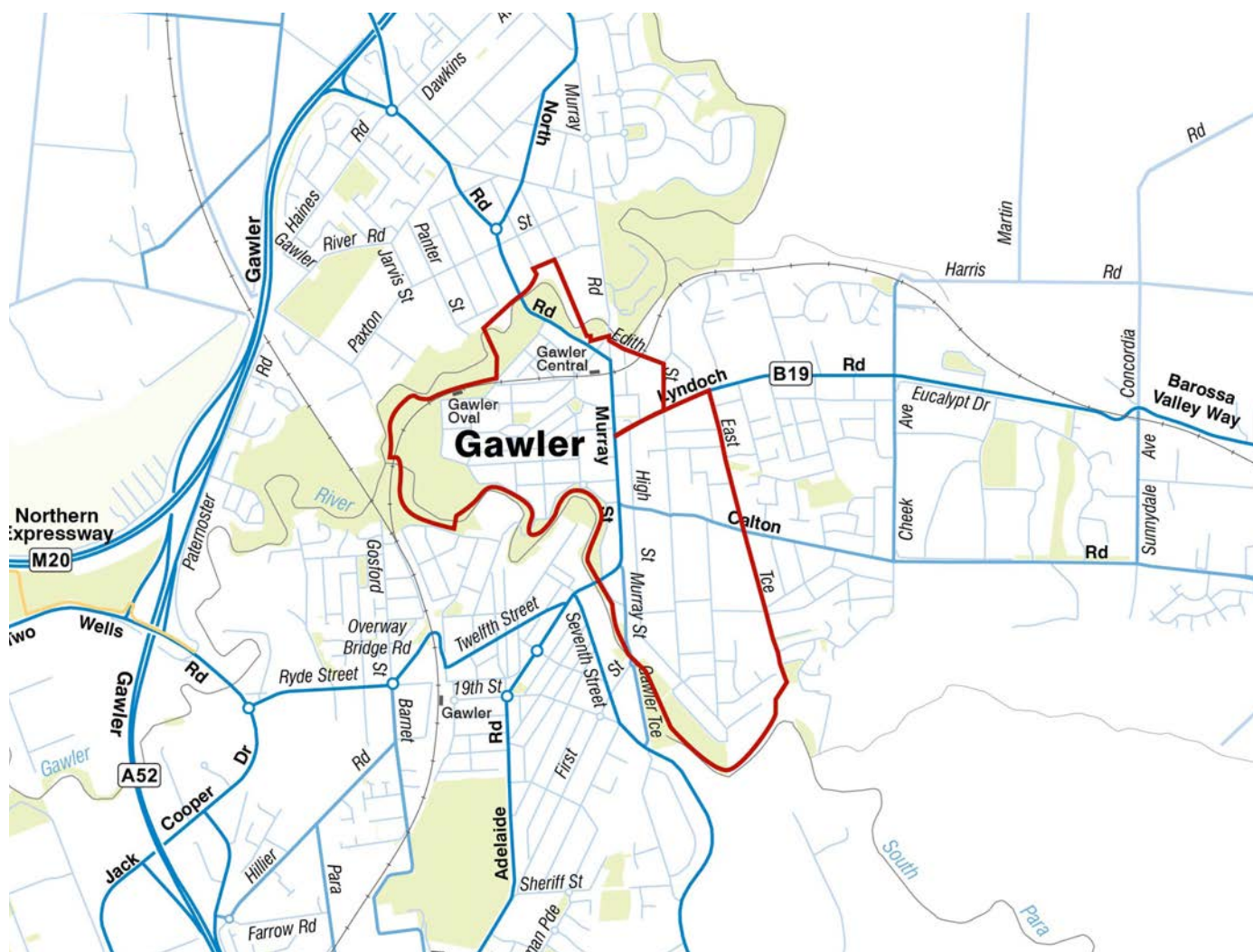
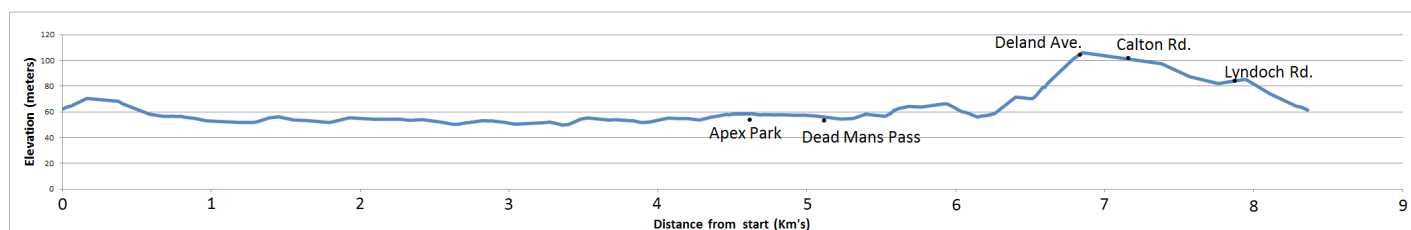
Roll down to Calton Road (7.3km), but stop and check for cars. Over the intersection, the road dips down then back up again to Lyndoch Road (8km). Turn left here and make your way back to the V.I.C. turning right into Union Street at the turning lane (8.4km).

This is a great ride with the two options, and a great way to enjoy the river environs.

Surface: Sealed road and shared bike path.

[www.mapmyride.com/routes/view/1217603995](http://www.mapmyride.com/routes/view/1217603995)

Gawler



# Gawler VIC to start of Stuart O'Grady Bikeway. 6km. 20 minutes

15

This route will take you safely to the start of the Stuart O'Grady Bikeway (SOB). It takes you across Gawler, using quiet streets plus part of the rivers pathway Tapa Pariara. It allows you to miss the traffic and cross the rivers and go under the railway lines.

From the V.I.C, head up Lyndoch Road, left up Edith Street, veer left and then over the railway line. At Murray Road, cross over diagonally to connect up with the shared pathway.

Follow the path around the old BMX track, then over the bridge and then follow through to Barber Street where you turn left. Follow the road markings around to the right where you meet up with the track again. You then go under the bridge that crosses the North Para River. Continue on until you reach a narrow bridge where you turn left. Be careful on this bridge as you will not be able to pass anyone coming in the opposite direction.

Continue following the path down Hallam Drive as it passes the bowling and netball clubs until you go under the railway bridge. Then a sharp right over the bridge, then right again. Pass under another railway then turn right over the next bridge.

In front of you is a large open area, Reid Reserve (you may even see the odd kangaroo grazing), ride directly across, you will arrive at Chignell Circuit, follow the road markings, and you meet Paternoster Road. Follow the road to the intersection with Two Wells Road. Stop at the intersection and look for cars before turning right.

There is a bike lane on the far left, so use this as you then go over the Gawler Bypass Bridge.

You now need to turn right into Weaver Road and travel 50m to the start of the SOB on your left. Be very careful when making this turn as you have cars 'back' and cars 'up'.

Only turn when it is safe and clear in both directions.

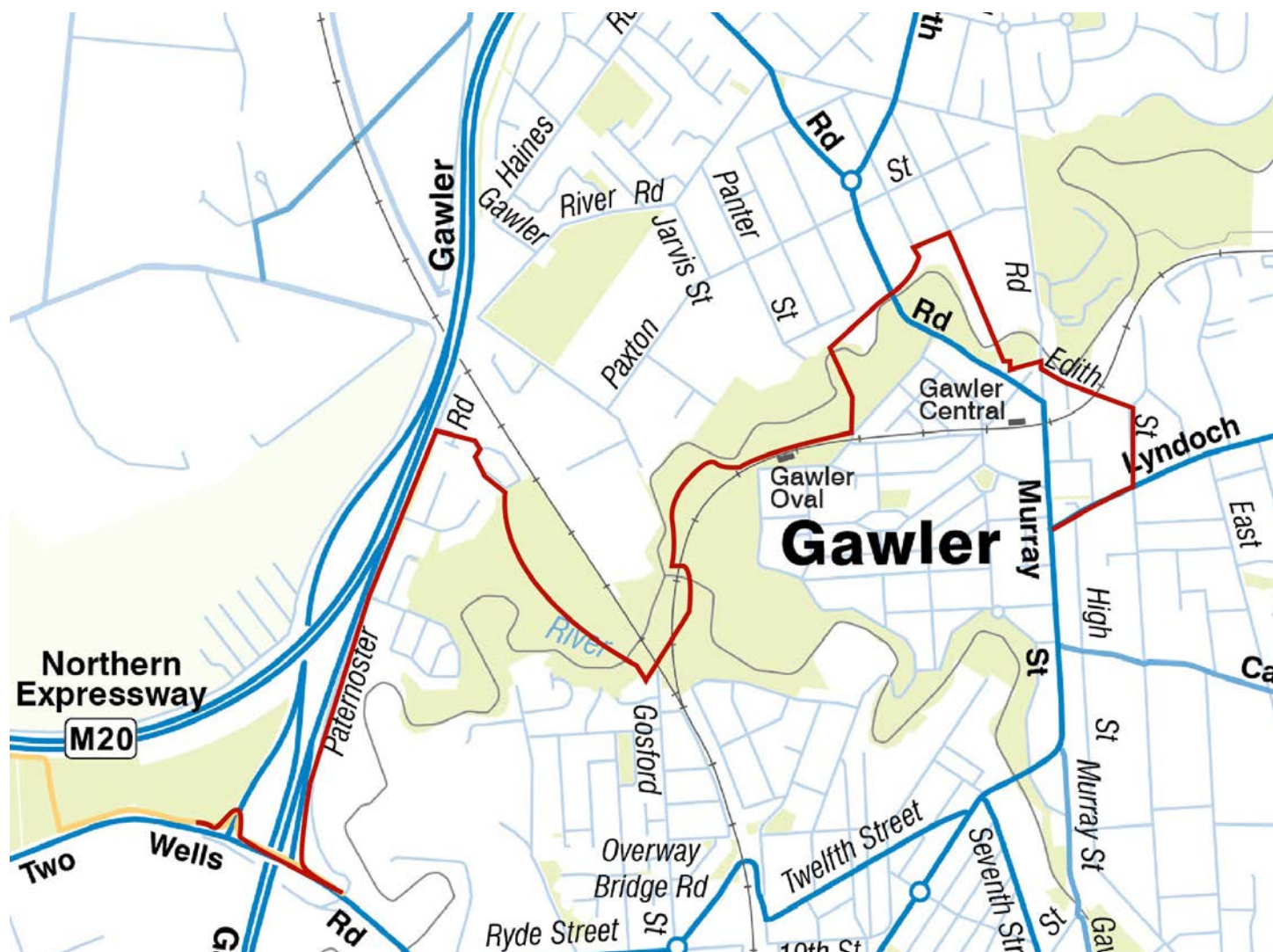
You are now at the start of the SOB (6km).

This is a great way to get around the traffic in Gawler and to the start of a number of different rides.

Surface: Sealed roads and shared pathways

[www.mapmyride.com/routes/view/1614790786](http://www.mapmyride.com/routes/view/1614790786)

Gawler





Head up Lyndoch Road, and turn left at the first street which is Edith Street. Travel up it and veer to your left. You then cross over a railway line and then come to a 'T' intersection with Murray Road. Turn right, through the ford and all the way to the intersection with Main North Road where there is a stop sign. Before moving off and turning right, look for cars in both directions. Travel up the road, under the Gawler bypass and then at the large sign showing Thiele Hwy turn right. There is a turning lane, but watch out for cars from behind as you make your way across to the lane, and watch for cars travelling towards you.

Surface: Sealed road

[www.mapmyride.com/routes/view/1128467542](http://www.mapmyride.com/routes/view/1128467542)

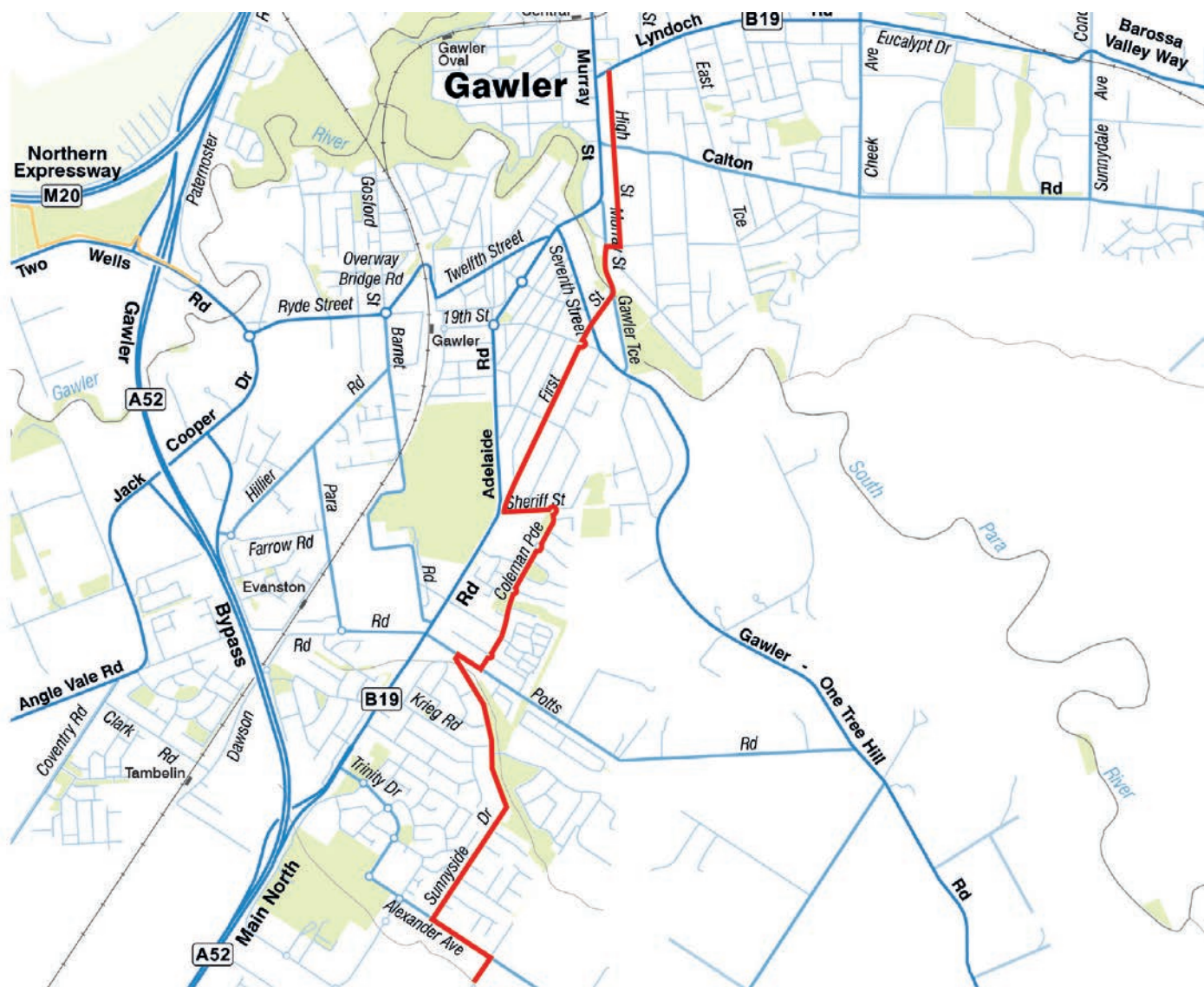


Leave the Visitor Information Centre travelling south down High Street. It is a fairly narrow street, so watch out for parked cars, and vehicles manoeuvring around them. Stop at the end and turn right into Ayers Street. It is then a very short section to Murray Street, where you turn left. You then travel over a causeway, and the road becomes First Street. You cross over Seventh Street. If you turn left here, it is the start of the Gawler - One Tree Hill Road. Follow this through two roundabouts until the end where you turn left into Sheriff Street. At the second street, turn right at the roundabout into Coleman Parade. Follow this all the way down until the end. Stop here and turn right into Potts Road, and then left into Sunnyside Drive. Part way down, the road is blocked for vehicles, but accessible for cyclists, so continue on though until you reach Alexander Avenue for the start of the Toolunga ride.

If your ride starts at Kentish Road, turn right into Bentley Road for 400m and then left again to start the climb up Kentish Road.

Surface: Sealed road, very small section of unsealed surface

[www.mapmyride.com/routes/view/1128463747](http://www.mapmyride.com/routes/view/1128463747)



Kentish Road begins here

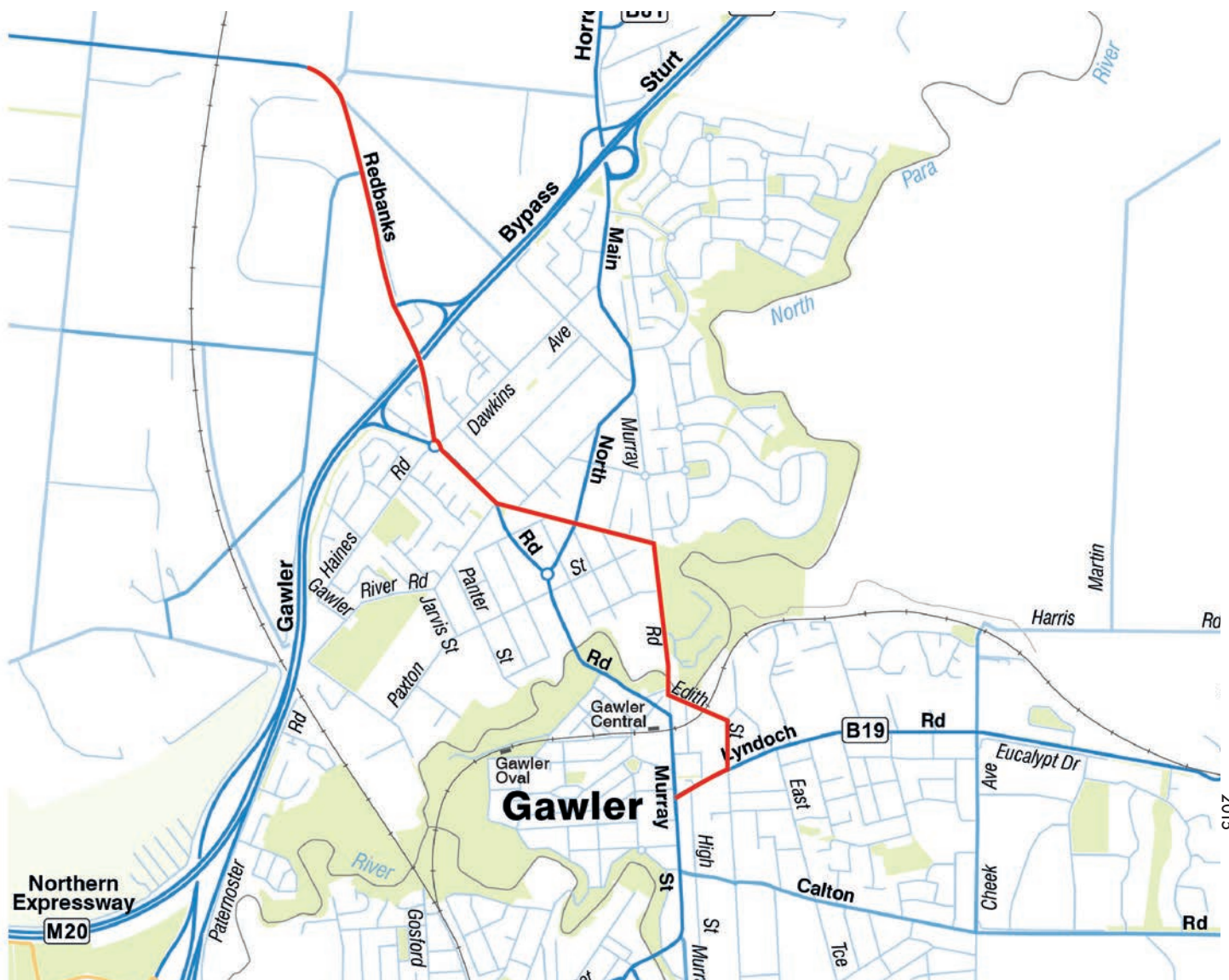


## Redbanks Road to Gawler VIC.

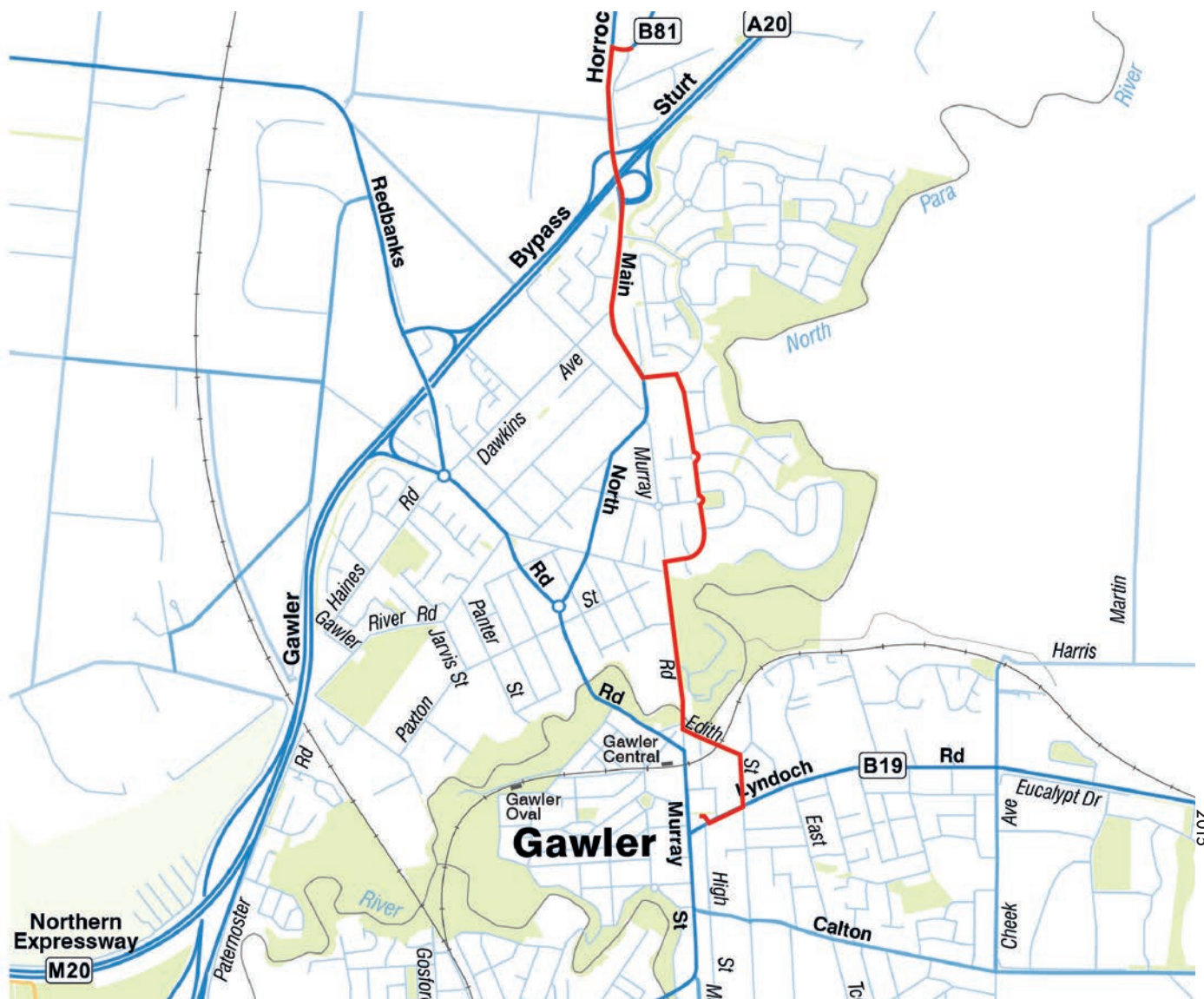
As you cross over the railway line you start to reach the outskirts of Gawler. Ride up and over a sweeping bend, then along past Xavier College on your right and then over the Gawler Bypass and down into a big roundabout. Watch out for cars, veer to your left down Redbanks Road. Travel down till you come to a small park, now veer left down Princess Street. Stop at Main North Road. This is a very busy road, so cross over when it is safe. Travel down a little bit more and you come to a 'T' intersection. This is Murray Road. Turn right, through the ford and then take your first left, up Edith Street. Cross over the railway line, then at the stop sign, turn right, then make another right that takes you back to the Visitor Information Centre.

Surface: Sealed road.

[www.mapmyride.com/routes/view/1128478105](http://www.mapmyride.com/routes/view/1128478105)



Where the Thiele Hwy meets the Horrocks Hwy, you are on the outskirts of Gawler. While watching for cars, turn left. Keep to the far left as vehicles are still moving at speed. You will pass under the Gawler Bypass, then around and down a small hill, you will see a small shopping centre on your left. Turn left into Kingfisher Drive and then right down Explorer Parade. Follow this road down past a park, and then as it sweeps back to Murray Road. Turn left into Murry Road, follow it through the ford and then take your first left, up Edith Street. Ride over the railway line, then at the stop sign, turn right, then make another right into Lyndoch Road, and back to the Visitor Information Centre.





## VIC to Wheatsheaf Inn via local roads

### 3km approximately 15 minutes

This route is an alternative to riding straight up Lyndoch Road to the Wheatsheaf Inn, if you are on the way to the start of the Jack Bobridge Track. It takes you away from the main traffic, avoids a tight cutting and helps you to do the climbing in smaller steps. There are street signs and markings on the road to direct you.

After leaving the VIC, climb straight up Lyndoch Road. At around 350m, turn right into East Terrace. Be careful as you turn as there may be cars coming from behind, as well as towards you.

Travel another 300m and turn left into Rusby Drive. This is the second of the climbs. Turn left and then right into Hutchins Street (900m) where there is a bit of climbing. At the end of Hutchins Street, there is a quick left then right into Lewis Ave. This section of Lewis Ave is closed to cars, but as you cross over Martin Street, via a shared crossing, make sure you look for cars.

At the end of Lewis, (1.3km) turn left into Mary St and then right into Bright Terrace and follow to the end, 1.7km, where you meet Cheek Avenue.

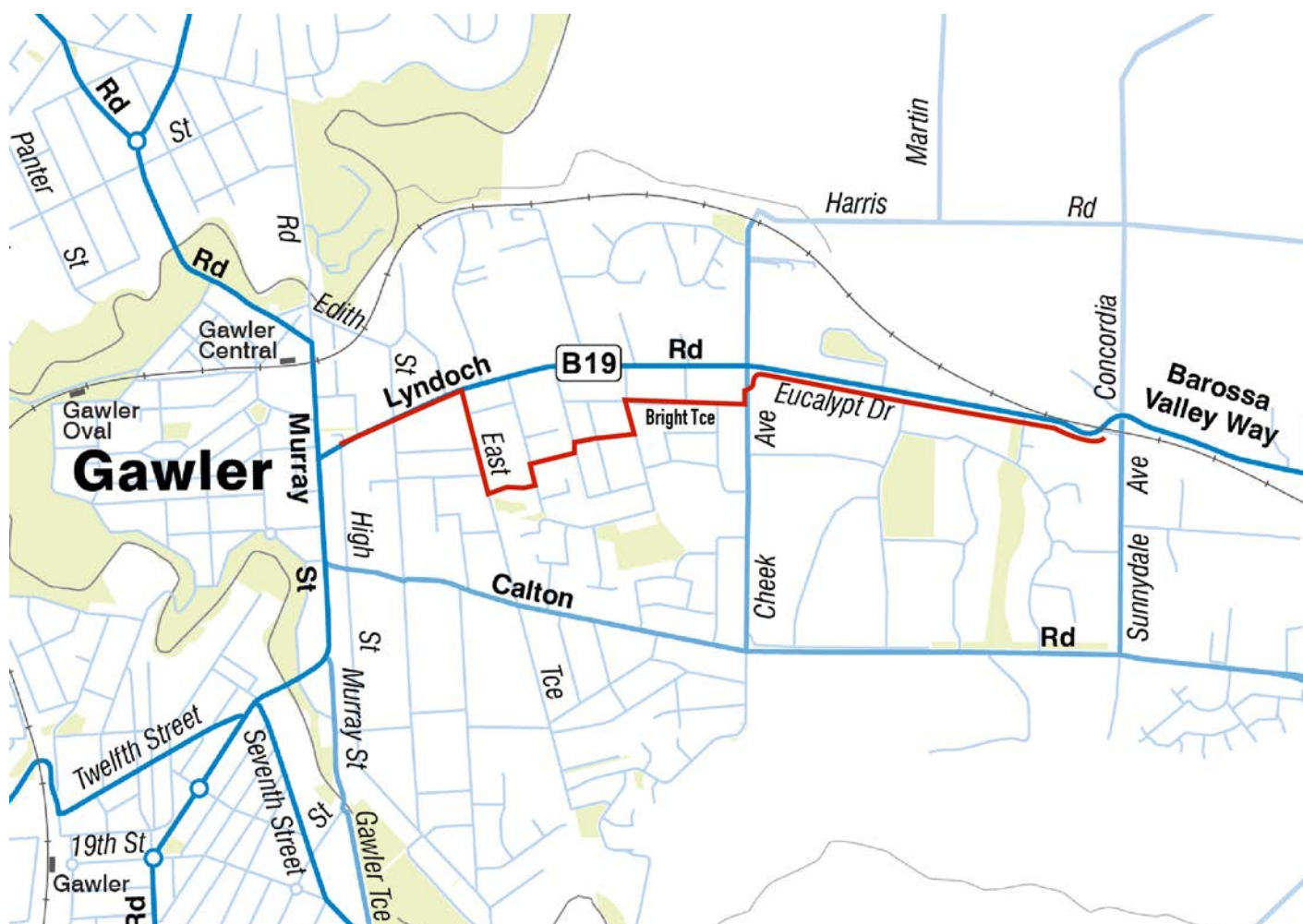
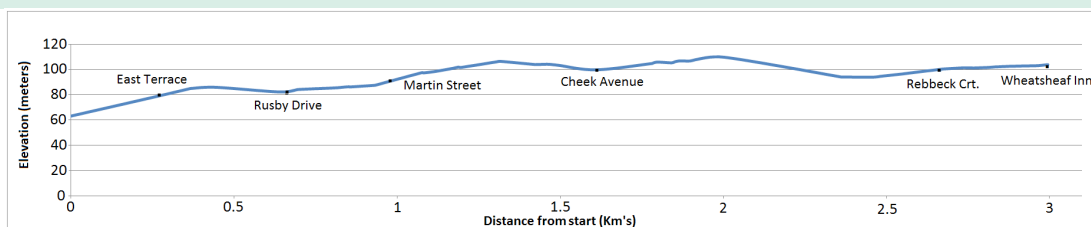
Cheek Avenue is quite busy, so watch for cars as you turn left and then almost straight away right into Eucalypt Drive. Make sure it is clear both ways before doing this manoeuvre. On Eucalypt Drive you can pick up a fair bit of speed, so be careful. At the end, you go straight onto a shared pathway, so watch for walkers. At 2.7km you will cross over Rebbeck Court. Stop here and check for cars as they turn into and out of the Court. From here it is a straight run to the end of the pathway and the Wheatsheaf Inn, 3km.

From here, to get to the Jack Bobridge track you will need to ride up the Barossa Valley Way until you reach Kalbeeba Road, which is 2.5km away. Be cautious when heading on to the Barossa Valley Way, as you need to negotiate around an 's' bend and over a railway line, so look out for cars from both directions.

This a great way of getting to the Wheatsheaf Inn, and beyond.

Surface: Sealed road and shared pathways

[www.mapmyride.com/routes/view/1597364347](http://www.mapmyride.com/routes/view/1597364347)



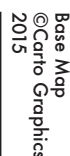


# Maps and Descriptions

## Flat Rides



[www.mapmyride.com/routes/view/1276224193](http://www.mapmyride.com/routes/view/1276224193)





From the V.I.C, head up Lyndoch Road, left into Edith Street. Veer left and then over the railway line. At Murray Road, cross over diagonally to connect with the shared pathway Tapa Pariaia.

Follow the path over the bridge then back onto the road, following the road markings, under the bridge and around, carefully crossing over a narrow bridge on your left.

Follow the path, past the bowling and netball clubs until you go under the railway bridge. Take a sharp right over the river bridge, then right again. Pass under another railway, then right over the bridge. Follow the path directly until you reach the road again. Follow the road markings, turning left into Paternoster Road. Follow to the end, stop and turn right on the Two Wells Road. Once over the bypass bridge, turn right and then 50 m up you have the start of the S.O.B (6km).

The S.O.B is not a continuous bikeway, crossing over a number of roads, some with dual lanes, and roundabouts close by. Stop at these roads and give way to traffic. Also watch for other cyclists, walkers and joggers. In places there are overhanging trees, so leaves and branches on the path can make it slippery when wet.

Overall, the bikeway slopes down, although there are little rises on the bridges over the Gawler River near the start, and the rail line just near the end. On both bridges, single file only and be ready for cyclists coming towards you, who may be hidden by the rises. There is a paved area at the end for a rest (28.5km). From here it is possible to continue on Tapa Mirtinhi Yala Shared Use Path to Port Adelaide.

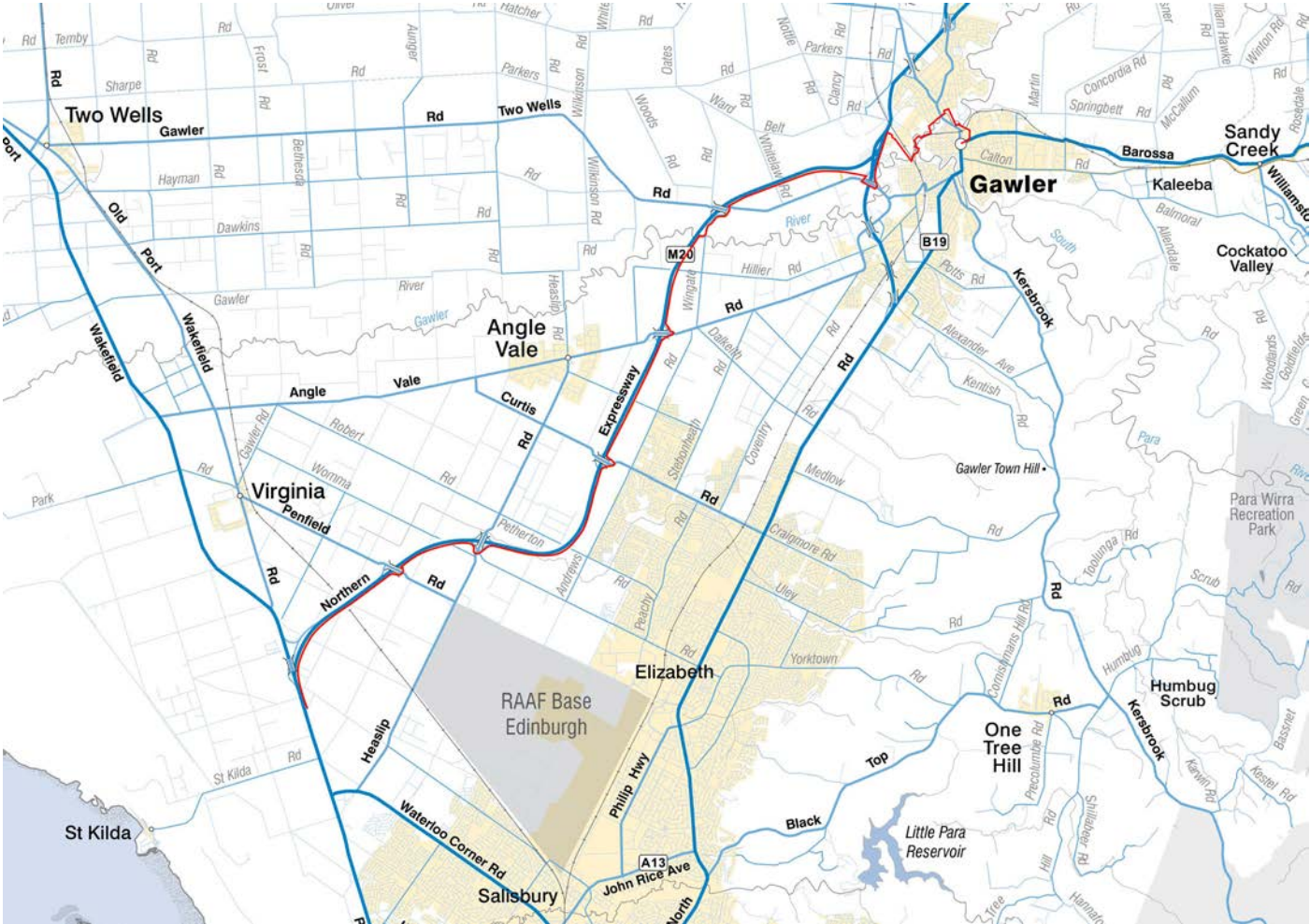
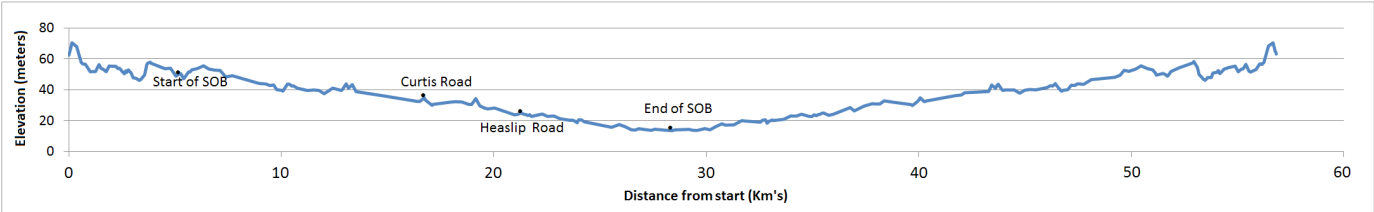
To return, retrace your route. After you leave the S.O.B, as you cross over the bypass on Two Wells Roads, watch for vehicles exiting the bypass, turning right into Two Wells and left from the slip lane. They may not be looking out for a cyclist. Turn left down Paternoster Road etc. back to the VIC (56km).

Although the ride is flat, the wind usually plays a part. You either get tail and then a head wind or vice versa. Just depends which way the wind is blowing on the day.

Surface: Sealed road, shared path and bikeway

[www.mapmyride.com/routes/view/1276221838](http://www.mapmyride.com/routes/view/1276221838)

Gawler







## Gawler - Two Wells - Virginia - Gawler. 63km. 2.5 -3 hours

From the V.I.C, head up Lyndoch Road, left up Edith Street, veer left and then over the railway line. At Murray Road, cross over diagonally to connect up with the shared pathway.

Follow the path over the bridge then back onto the road, following the road markings, under the bridge and around, carefully crossing over a narrow bridge on your left. Follow the path, past the bowling and netball clubs until you go under the railway bridge. Take a sharp right over the bridge, then right again. Pass under another railway then right over the bridge. Follow the path directly until you reach the road again. Follow the road markings, turning left into Paternoster Road, and follow to the end. Stop and turn right. Once over the bypass bridge, turn right and then after 50m you have the start of the S.O.B (6km).

Once on the S.O.B you have a short section to Two Wells Road, where you turn right, watching for cars. Go around the roundabout

and take the second exit, through the underpass and next roundabout, heading west. You pass a number of commercial potato farms, so watch out for farm machinery. The road slopes down to Two Wells (27km), where you turn left into the township for a stop if you wish.

Travelling south out of Two Wells, follow the Old Port Wakefield Road (O.P.W.R) until you reach Angle Vale Road. As O.P.W.R makes a zig zag, watch out for vehicles as you make the crossing. You are pretty close to Virginia now.

In Virginia (37km) there is a park at the end of the main street on the left hand side.

From the park turn left down Penfield Road. This is a production area, the road is a little bit rough and messy at times, so be careful.

At 41km go through the roundabout, over the expressway, then carefully take a sharp left back onto the S.O.B. From here, return on the S.O.B. Watch for exiting vehicles when crossing over the bypass on Two Wells Road; those

turning right and those turning left from the slip lane. They may not be specifically looking out for cyclists. Then turn left down Paternoster Road back to the VIC (63 km).

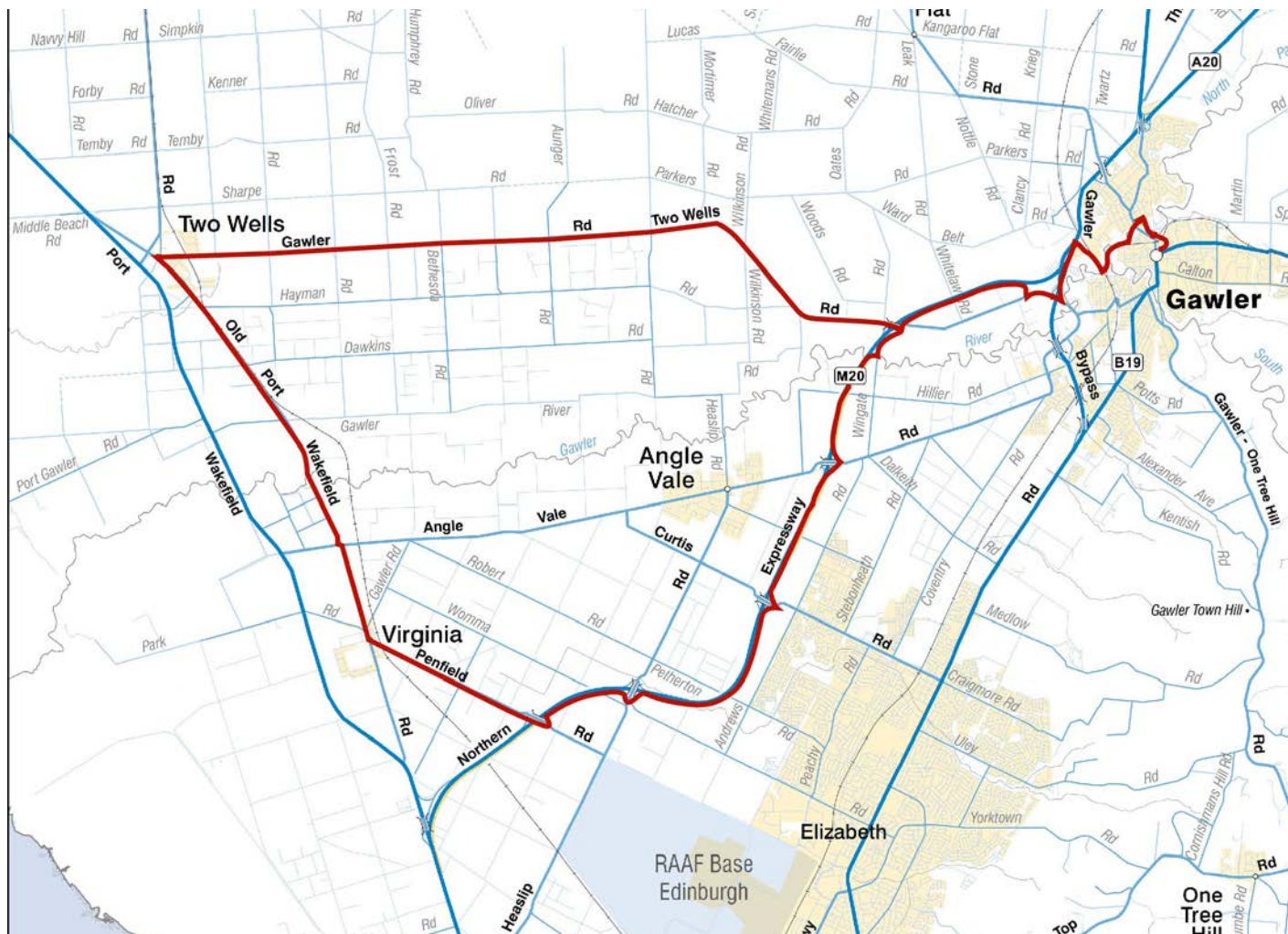
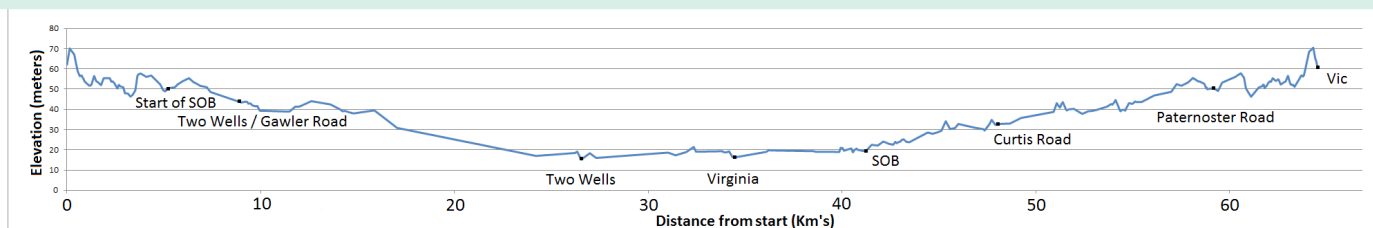
This is an easy, flat ride.

Surface: Sealed roads and shared bikepaths

[www.mapmyride.com/routes/view/1452289165](http://www.mapmyride.com/routes/view/1452289165)

Two Wells

Virginia





## Gawler - Two Wells - Mallala - Gawler. 75km. 3.5 to 4 hours.

From the V.I.C, head up Lyndoch Road, left up Edith Street, veering left and then over the railway line. At Murray Road, cross over diagonally to connect with the shared pathway.

Follow the path over the bridge then back onto the road, following the road markings, under the bridge and around, carefully crossing over a narrow bridge on your left.

Follow the path, pass the bowling and netball clubs until you go under the railway bridge. Make a sharp right over the bridge, then right again. Pass under another railway then right over the bridge. Follow the path directly until you reach the road again. Follow the road markings, turning left into Paternoster Road, following to the end. Stop and turn right. Once over the bypass bridge, turn right and then after 50m, you have the start of the S.O.B (6km).

Once on the S.O.B you have a short section to Two Wells Road. Turn right, watching for

cars. Go around the roundabout, taking the third exit, through the underpass and next roundabout, heading west. You pass a number of commercial potato farms, so watch out for farm machinery. The road slopes down to Two Wells (27km), where you turn left into the township for a stop if you wish. Otherwise, turn right, then 100 metres on, turn right again for the Mallala Road.

This is a wide, well-used road with a good shoulder on the left. Cars do travel at speed, with some towing racing cars to the circuit at Mallala.

When you get to Mallala (45km) be very careful at the intersection. You need to give way to vehicles coming from five different directions, so stop before crossing over to the store.

From the store, take the second road for Gawler. The road gently slopes up, with a few small rises. At the intersection (66km), stop and look for traffic in both directions before

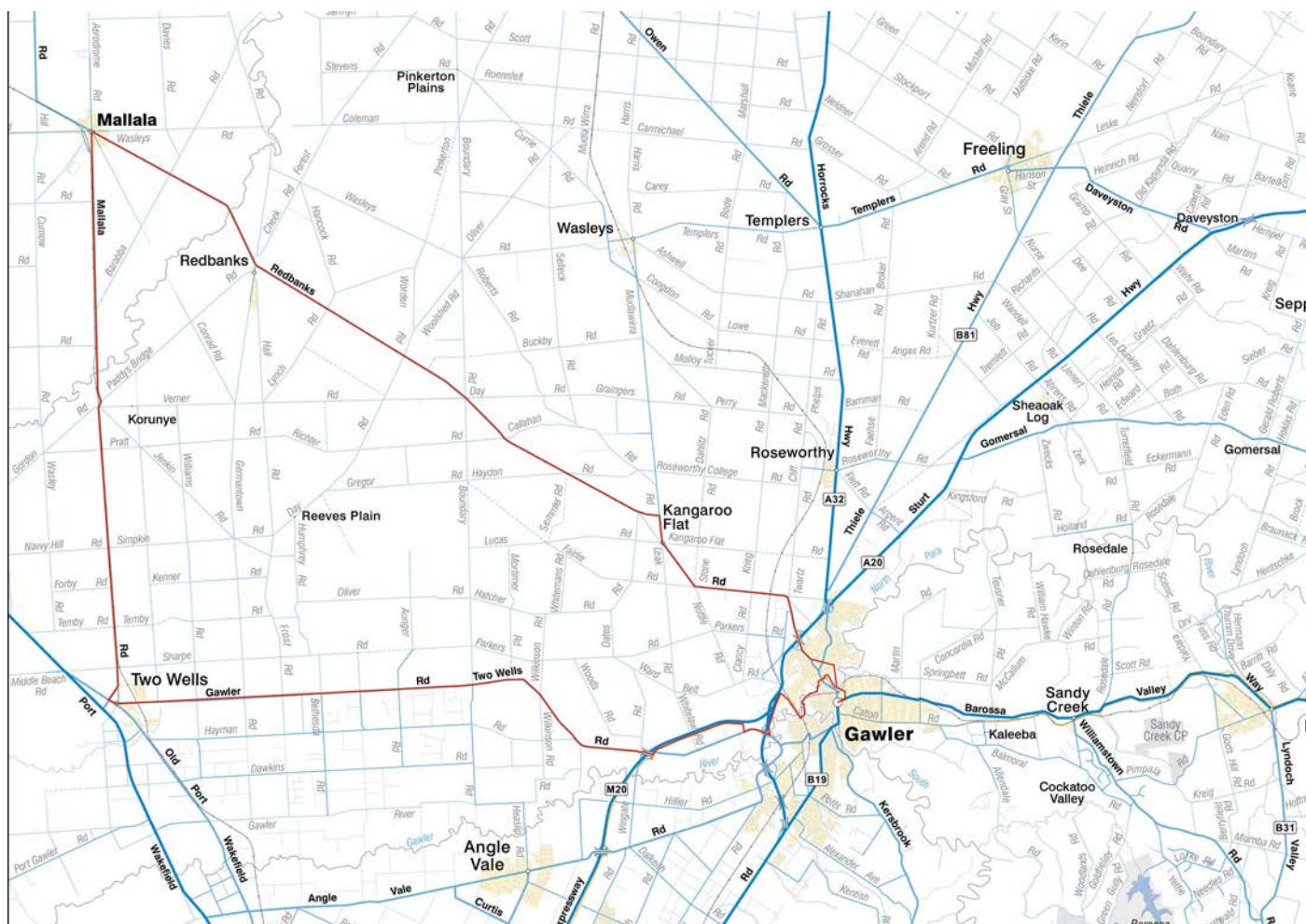
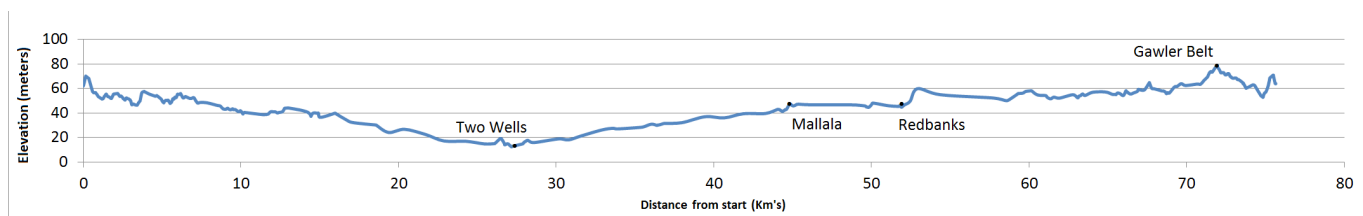
turning right. Pass over a rise, to the outskirts of Gawler. At the big roundabout (73km) veer left down Redbanks Road. At the playground veer left down Princess Street. Stop at Main North Road, and cross when safe. You end back at Murray Road. Turn right, then travel back to the V.I.C (75.5km).

A great ride that gets you out in the open country.

Surface: Sealed road  
[www.mapmyride.com/routes/view/1097772402](http://www.mapmyride.com/routes/view/1097772402)

Two Wells

Mallala



# Maps and Descriptions

## Undulating Rides





# Gawler – Barossa Trail - Lyndoch - Gawler.

29km. 1.5 to 2 hours

27

This ride gets you away from the traffic and into the Barossa Valley. Currently the Barossa Trail starts and finishes at Anne Milroy Lane on Calton Road. It is a shared track so watch out for pedestrians. There are plans to extend the track from here, continuing adjacent to the railway line into the Wheetshaf Inn, Gawler. Currently the most direct way to link up with the track is along Lyndoch Road, turning at Kalbeeba Road. From the V.I.C you start the ride with a climb straight up Lyndoch Road. At Cheek Avenue (1.3 km) the road narrows as it passes through a small cutting, so be careful. At the Wheetshaf Inn, you cross over the railway line.

Alternatively, you can take the local roads to the Wheetshaf. This takes you away from the traffic and helps to reduce the climbing effort. See VIC to Wheetshaf Inn for details.

After crossing the railway line the road becomes double laned, with a wide shoulder to ride in. The dual lane finishes at Kalbeeba Road (4.8km) where you turn right and then left on to the Track. It is best to pull over to the left, and cross when safe.

At Sandy Creek (7.5km) you cross over Williamstown Road. The crossing is a bit tight; watch for cars. Continue on till you reach Cockatoo Lane (8.5km) where there is a short section of road before turning back on to the Track. You pass over Sandy Creek and the Track rises a bit. At the caravan park (12km) you cross over Jollytown Road. Again the crossing is a little bit tight and also watch for traffic.

The Track then crosses the Barossa Valley Way (13km) where you pass through the beautiful gardens of Chateau Barossa. From here it is a run down to Lyndoch (14.5 km) where you can stop at the village green.

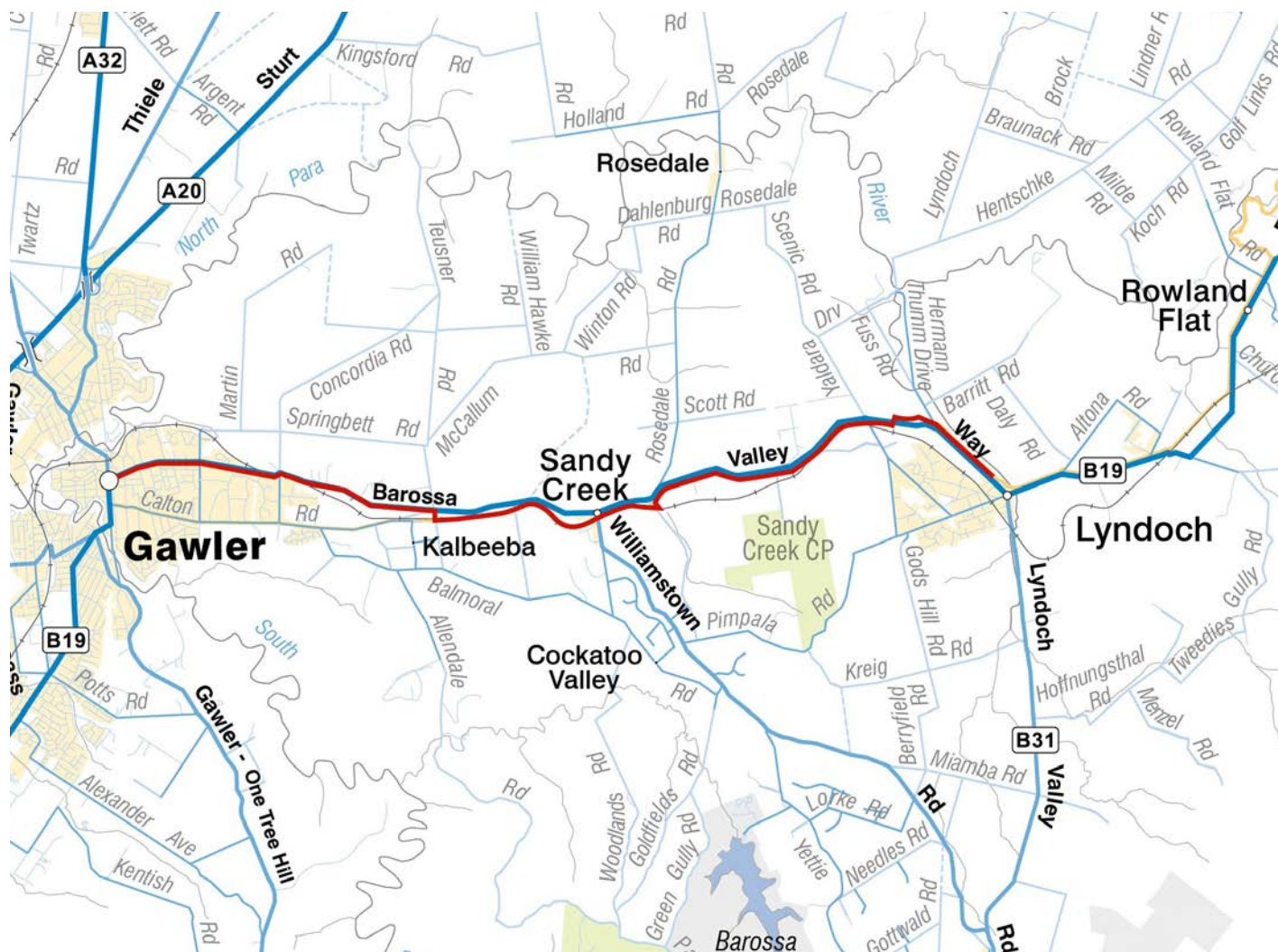
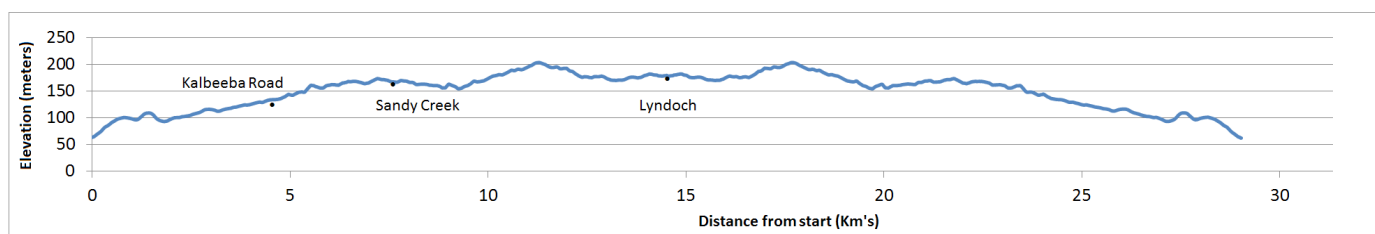
From here you can either return back to Gawler, or follow the shared path to Tanunda, Nuriootpa and then to Angaston. There is a map at the village green that details that route.

As the Track slopes up all the way to Lyndoch, the return trip is much less effort. Watch out for the yellow bollards at each crossing, especially if you are riding in a group. There are also some stobie poles around Jollytown Road. Once you are on the Track you are away from the traffic and it's a great introduction to the Barossa Valley.

Surface: Sealed road and shared pathway

[www.mapmyride.com/routes/view/1277902924](http://www.mapmyride.com/routes/view/1277902924)

Lyndoch





# Gawler - Freeling - Templers - Wasleys - Gawler. 49km. 2.5 to 3 hours.

From the V.I.C. head up Lyndoch Road to the first intersection and turn left up Edith Street. Follow this around, veering left and then over the railway line. At Murray Road, stop, turn right and go straight up until you reach Main North Road (2km). Watch for traffic both ways before turning right.

After you pass under the highway, go about 500 metres and turn right at the large green sign, Thiele Highway B81 Kapunda Morgan. You will be crossing across traffic so check for vehicles behind and travelling towards you. Follow the road around and head north. The road rises up all the way to Freeling (18km). Turn in at Grey Street then into town where you can stop at the park.

Continue up Grey Street which turns left over a rail crossing. It is now an undulating straight run to Templers (24km). At Horrocks Highway, stop and look for traffic in both directions. Continue over the intersection and around to the left toward Wasleys, doing a

zig-zag manoeuvre. From here it's a quick run to Wasleys (30km), where there are toilets, on your right in the main street.

Out of Wasleys, turn left and eventually you pass the University (37.5km), and then over a rise and to the outskirts of Gawler where there is a steady climb you need to get over. At the big roundabout (46.4km) veer left down Redbanks Road, then at the playground, veer left down Princess Street. Stop at Main North Road and cross when safe. You end back at Murray Road and retrace your steps back to the V.I.C (49km).

A great ride with some open stretches.

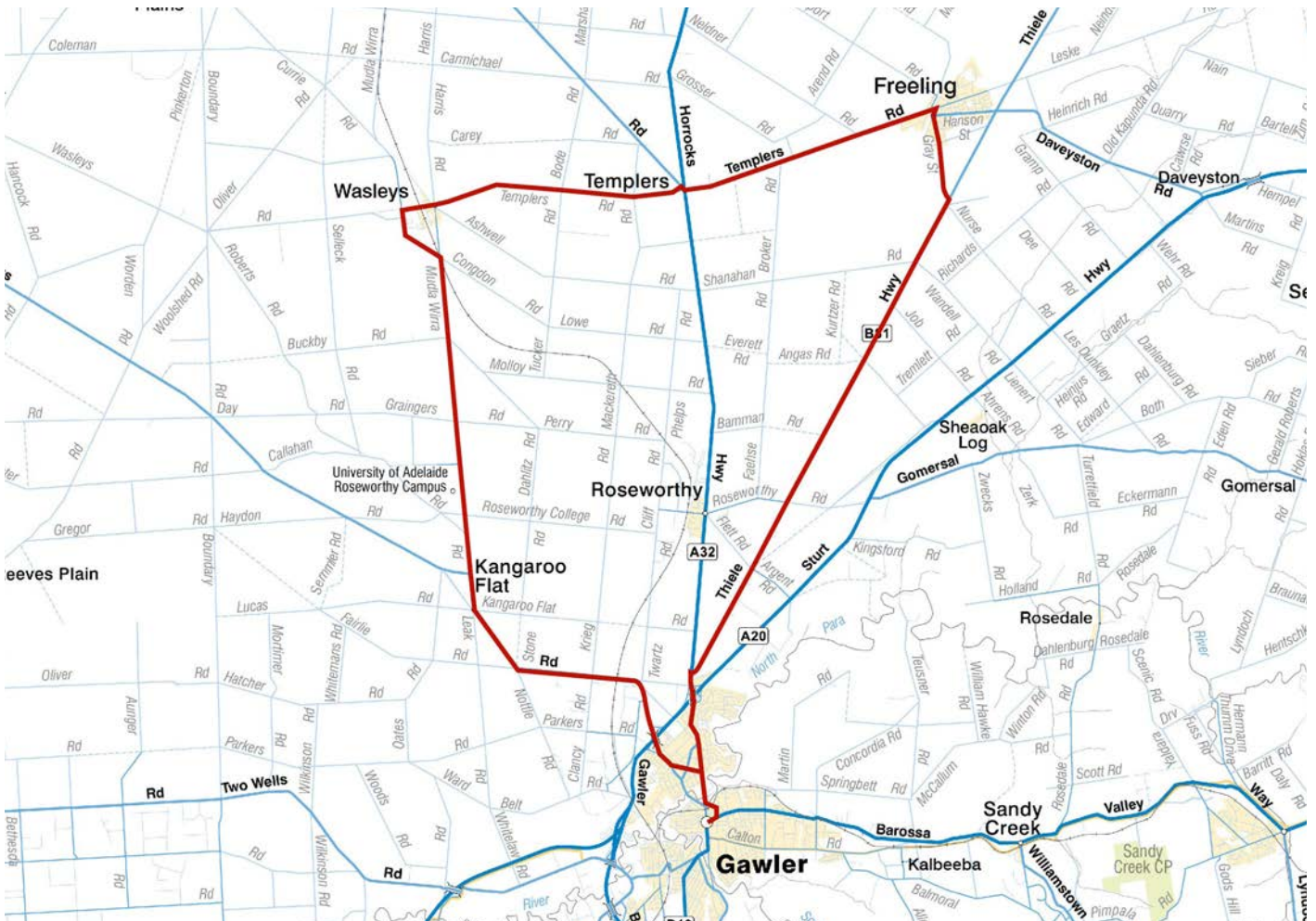
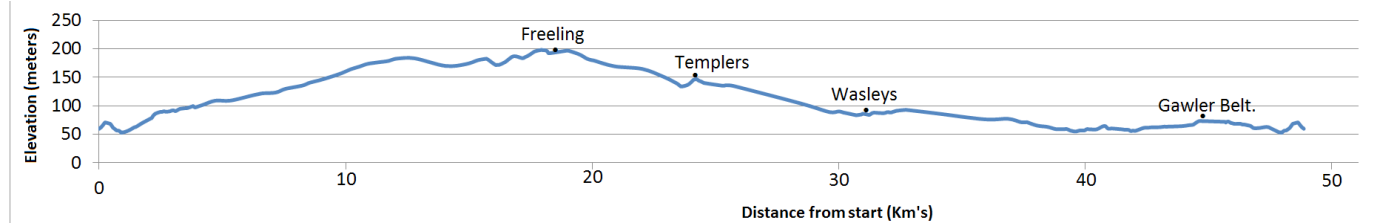
Surface: Sealed road

[www.mapmyride.com/routes/view/929685801](http://www.mapmyride.com/routes/view/929685801)

Freeling



Wasleys







# Gawler - Lyndoch - Williamstown - Warren Dam - Sandy Creek - Gawler. 50km. 2.5 to 3 hours.

29

This is a ride that creates a few loops so at Sandy Creek you can decide which direction you would like to take. Also at Williamstown you can decide if you want to tackle a big hill. (This description is written going through Lyndoch first.)

Leaving the V.I.C. you climb straight up Lyndoch Road. At Cheek Avenue (1.3km) the road narrows as it passes through a small cutting, so be careful. Once you cross over the railway line, it's full steam ahead. The road rises steadily and just before Sandy Creek (8km) there is a little hill that takes a bit of effort. You then run down past Sandy Creek and climb steadily until you sweep right to Lyndoch (14km). There is an inviting park on your left.

Now head straight ahead to Williamstown (22.6km). Be careful of the rail crossing that you cross at an angle, which makes it tricky. At Williamstown there is another great park on the left, beside the pub for a stop.

Now you can either decide to ride up to the Warren Dam, or loop back to Gawler via Williamstown Road for a 40km ride in total.

For the dam ride, go through Williamstown, veer left, over a small bridge, past the oval (23.5km) to start the climbing. The first part is the hardest, so pace yourself. It is a steady climb all the way up but once you get into a rhythm you should be fine. Once you get to the top you will see the dam. It's a quick run down, and on your right is a big parking bay (27km). Be careful to check for traffic, especially trucks, behind and in front before you cross over. This is a great place to catch your breath and take in the view.

The return trip is fairly quick. Watch out for patches on the road near the bottom of the hill, as you will be traveling quite quickly. Go straight through Williamstown (32km), turning left into Williamstown Road (34km) which you follow until you skirt the golf course and reach the hamlet of Sandy Creek again (42.5km).

Turn left at the pub, and it's downhill all the way back to Gawler (50km).

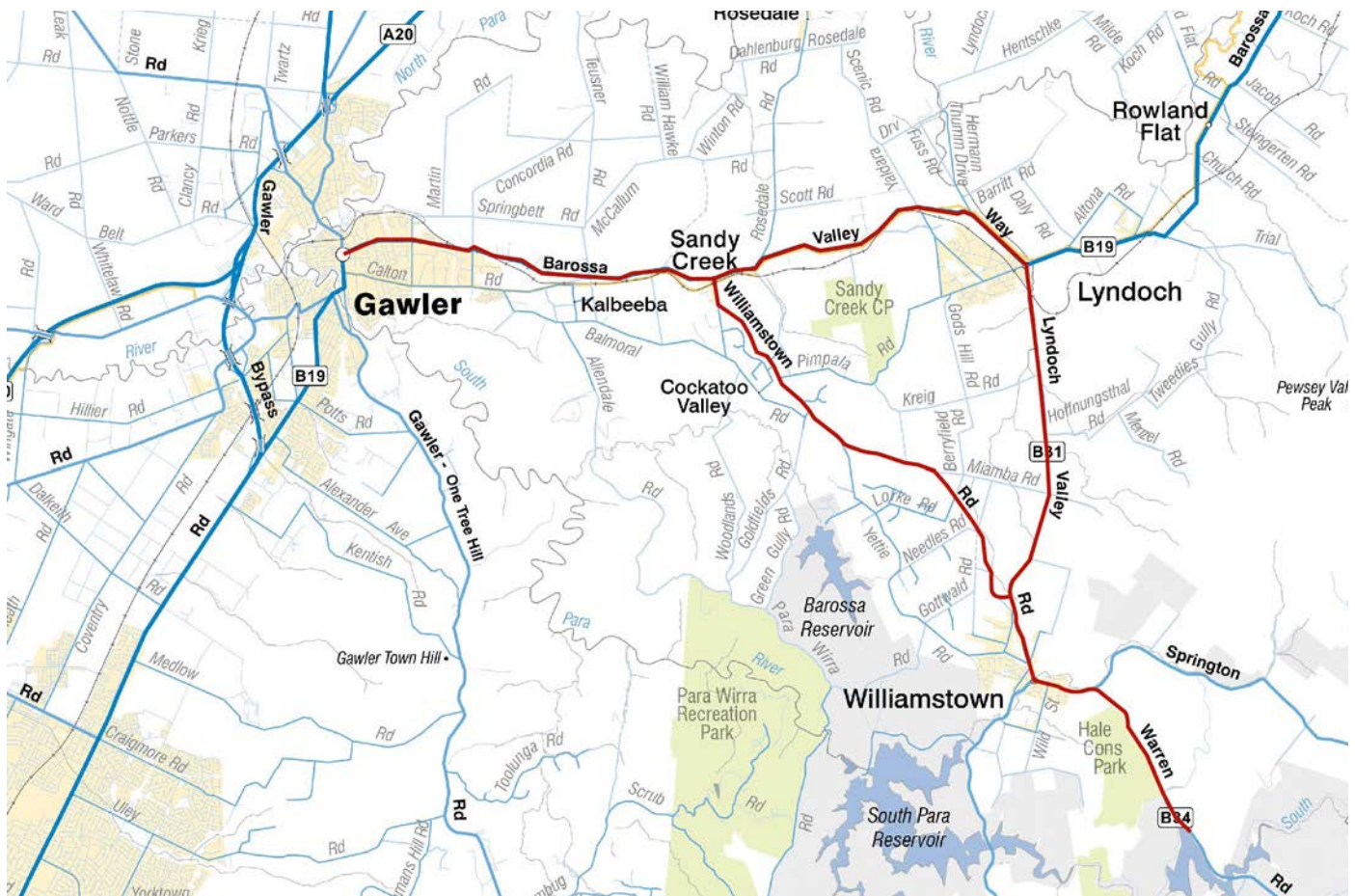
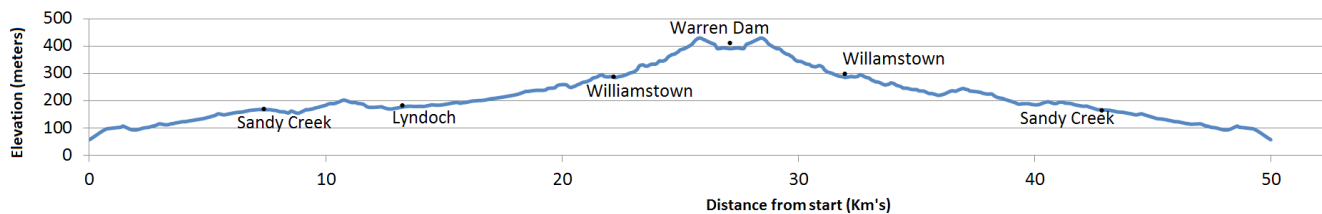
This is a great little ride to acquaint yourself with the Barossa, with a nice challenging climb.

Surface: Sealed road

[www.mapmyride.com/routes/view/1125065185](http://www.mapmyride.com/routes/view/1125065185)

Williamstown

Lyndoch





# Gawler - Gomersal Road - Tanunda - Menglers Hill - Lyndoch- Gawler. 66km. 3 to 3.5 hours

This ride is mostly undulating, with a serious climb up Menglers Hill.

From the V.I.C. head up Lyndoch Road to the first intersection and turn left up Edith Street. Follow this around, veering left and then over the railway line. At Murray Road, stop, turn right and go straight up until you reach Main North Road (2km). Watch for traffic both ways before turning right.

After you go under the highway overpass, travel about 500 metres and turn right at the large green sign, Thiele Highway B81 Kapunda Morgan. You will be crossing across traffic so check for vehicles behind and travelling towards you. Follow the road around, head north, then right at the turning lane onto Roseworthy Road (8km). Watch for cars up and behind as they will be travelling quickly. Next, stop at the Sturt Highway (10km), watch for cars as you zig-zag over to Gomersal Road.

This is a gradual rise along Gomersal Road, with two decent hills. Keep to the left as vehicles are traveling at speed. At the end of Gomersal Road (24.5 km), turn left into Tanunda. In town on the left is a cycling 'hub' (26.5km).

If you choose not to tackle Menglers Hill, retrace your steps back to the end of Gomersal Road, and return back to Gawler via Lyndoch.

For Menglers, turn right up Basedow Road, then around a sweeping left, then right to the base of Menglers Hill (26.8km). The first section of this climb to the car park is very steep, then continue to just past the log house on the right (33km) to the top for great views.

It is a very quick descent, with some tight curves, so be ready to stop at the bottom. Now turn left and follow the road straight through, not sweeping back around the bend. The road undulates a bit before turning right.

You pass through the small hamlet of Bethany (39.5km) then turn left on the Barossa Way. The road undulates until you reach Rowland Flat (47km). There is a steep descent, then a steady climb back out over the railway line. You then cross over the line again via a tight bridge. From here it is downhill to Lyndoch (52km). Turn right. You can stop at the village green on your right. From Lyndoch it is essentially downhill, back to Gawler and the V.I.C. (66 km), which you enter via Union Street using the turning lane.

Surface: Sealed road  
[www.mapmyride.com/routes/view/1030892973](http://www.mapmyride.com/routes/view/1030892973)

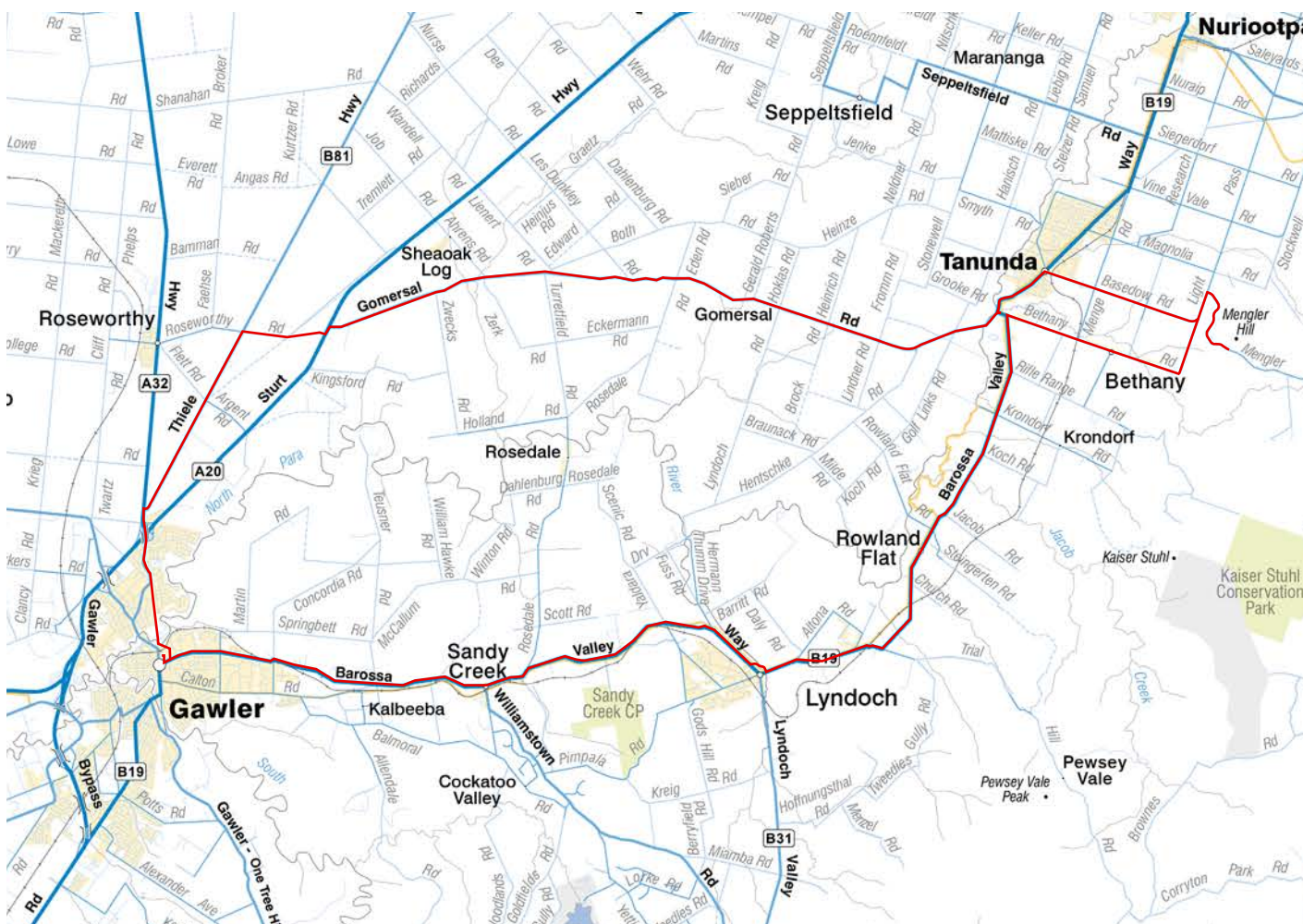
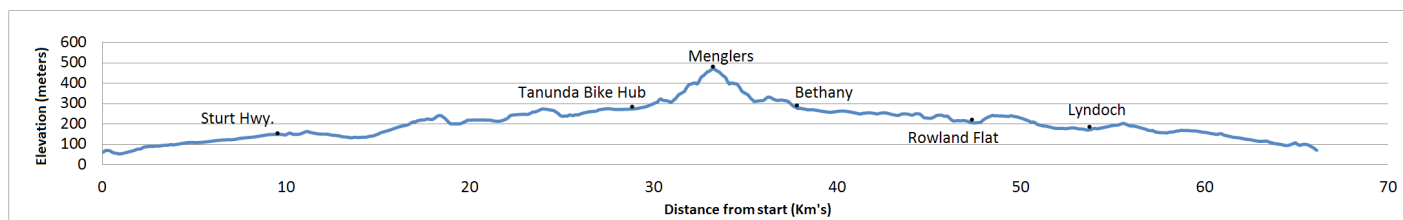
Lyndoch



Tanunda



Bethany







# Gawler - Lyndoch - Tanunda - Gomersal Road - Gawler.

## 54 km. 2.5 to 3 hours.

31

This is a route paired with the Menglers Hill ride. It's best not to ride into a headwind along Gomersal Road so check before you decide which direction to ride.

From the VIC you start the ride with a climb straight up Lyndoch Road. At Cheek Avenue (1.3km) the road narrows as it passes through a small cutting, so be careful.

Once you cross over the railway line it's full steam ahead. The road rises steadily and just before Sandy Creek (8km) there is a little hill that takes a bit of effort. You then run down past Sandy Creek with a steady climb up until you sweep right and Lyndoch (14km) is in front of you.

In Lyndoch, on your left is the village green which is a good spot for a break.

Turn left at the main intersection and continue on to Tanunda. There is a quick descent into Rowland Flat (19km) and an equally steep

rise on the other side. After that the road undulates all the way to Tanunda (26.5km) where you can have a break at the bike hub. (From here you can tackle Menglers Hill. See previous map for details but note you return via Gomersal Road.)

After a break, retrace your steps and at the cemetery turn right up Gomersal Road. You are straight into a rise, then a quick run until the last major hill on the ride (35km) then essentially downhill to the Sturt Highway (43km). Cross, zig-zagging into Roseworthy Road (watch for cars traveling at speed) and at the Thiele Highway (45km) turn left, watching for cars again. There is a good shoulder to ride along, and as cars are travelling at speed, keep to the left. The road undulates, so expect a few rises, but nothing too severe. At the intersection with Main North Road (50 km) turn left, and watch for cars. At the small shopping centre, to get away from the traffic, turn left into Kingfisher Drive, right down Explorer Parade, back to Murray Road

turning left, then through the ford and left onto Edith Street and back to the VIC (54km).

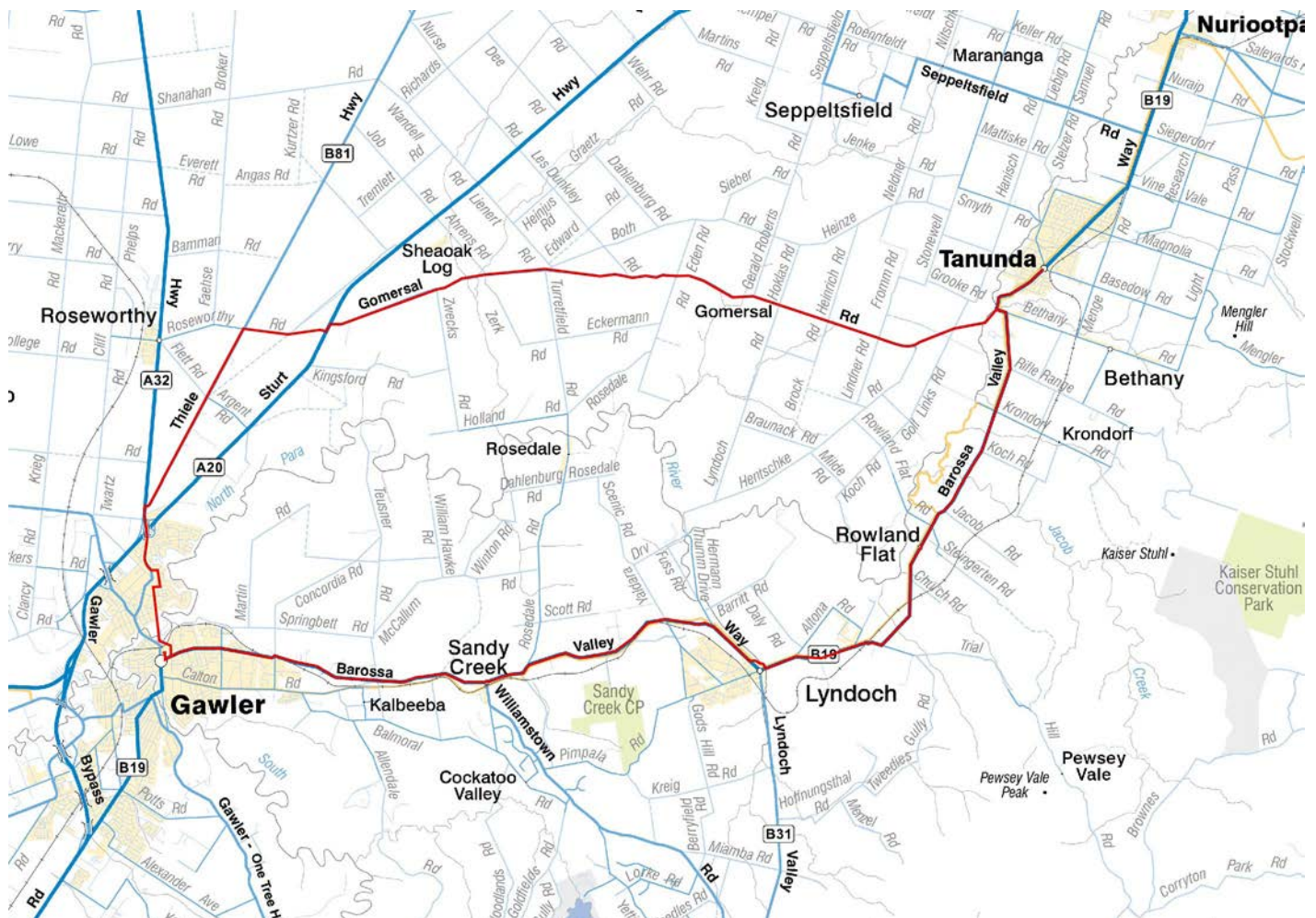
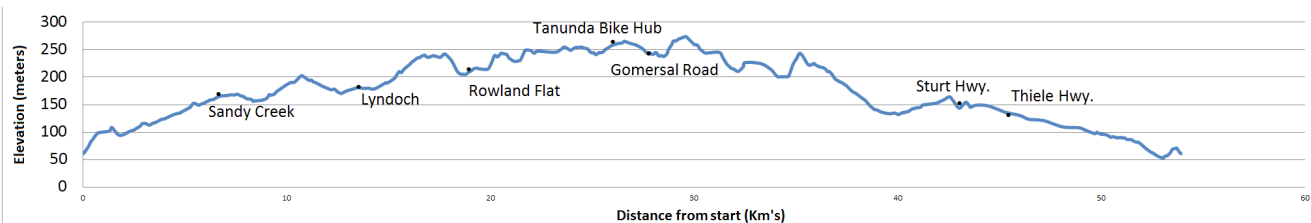
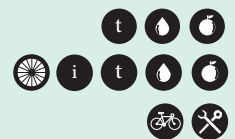
This is a great undulating ride, but just check the wind to decide which direction you choose.

Surface: Sealed road

[www.mapmyride.com/routes/view/929714599](http://www.mapmyride.com/routes/view/929714599)

Lyndoch

Tanunda





# Gawler - Cockatoo Valley - Tanunda - Seppeltsfield - Freeling - Gawler.

## 69 km. 3.5 to 4 hours

From the VIC head south down High Street to Calton Road and turn left. This is the first climb for the day. Follow the road up to the intersection with Balmoral Road (3.5km) and turn right. There is a bit of a crest so watch for cars. Follow to Cockatoo Valley and at 8km turn left into Davies Road. Turn right at the oval, and at 11km turn left at the store up Pimpala Road. This road undulates all the way to Lyndoch, (17km). For a great spot for a break, turn left at the pub and 50 m on your right is the village green.

Continue through Lyndoch to Tanunda. You dip in, then out of Rowland Flat (22km) then the road undulates all the way to Tanunda (29km) where you can have a break at the bike hub.

From the bike hub turn immediately left and veer up Bilyara Road, past the oval and then right into Langmeil Road, then left at Smyth Road to Stonewell Road where you turn right. Follow up to Seppeltsfield Road (35km). Turn

left, then through the small village of Marananga (36km), then zigzag to the Seppeltsfield winery (39km). You will ride through a beautiful avenue of palms, with a mausoleum on your right.

Follow the road around and up and then turn left at the first main intersection, Hempel Road (41km), which is unsealed, so be careful. You go under the Sturt Highway then around to Daveyston Road (44.5km). (If you don't want to do the gravel section, simply continue on for 1 km and loop back via the Sturt Highway for about 2.5km, turning right into Daveyston Road. There is a wide sealed section to the left of the white line, just be very careful when turning right)

Turn right into Daveyston Road which is fairly wide and open. Follow this to the intersection with the Thiele Highway (50km). When safe, cross over into Freeling. At the end of the street is a pleasant park and a bakery across the road.

Head south down Grey Street till you meet the highway again. Turn right, there is a good shoulder on the road, but cars are travelling at speed so keep to the left. The road undulates, but nothing too severe. At the intersection with Main North Road (55.5km) turn left. Go under the bypass, and at the small shopping centre (67km), turn left into Kingfisher Drive, right into Explorer Parade and follow round till it joins Murray Road. Turn left then through the ford, then left into Edith Street, and back to the V.I.C (70km).

Surface: Sealed and unsealed roads

[www.mapmyride.com/routes/view/1123314523](http://www.mapmyride.com/routes/view/1123314523)

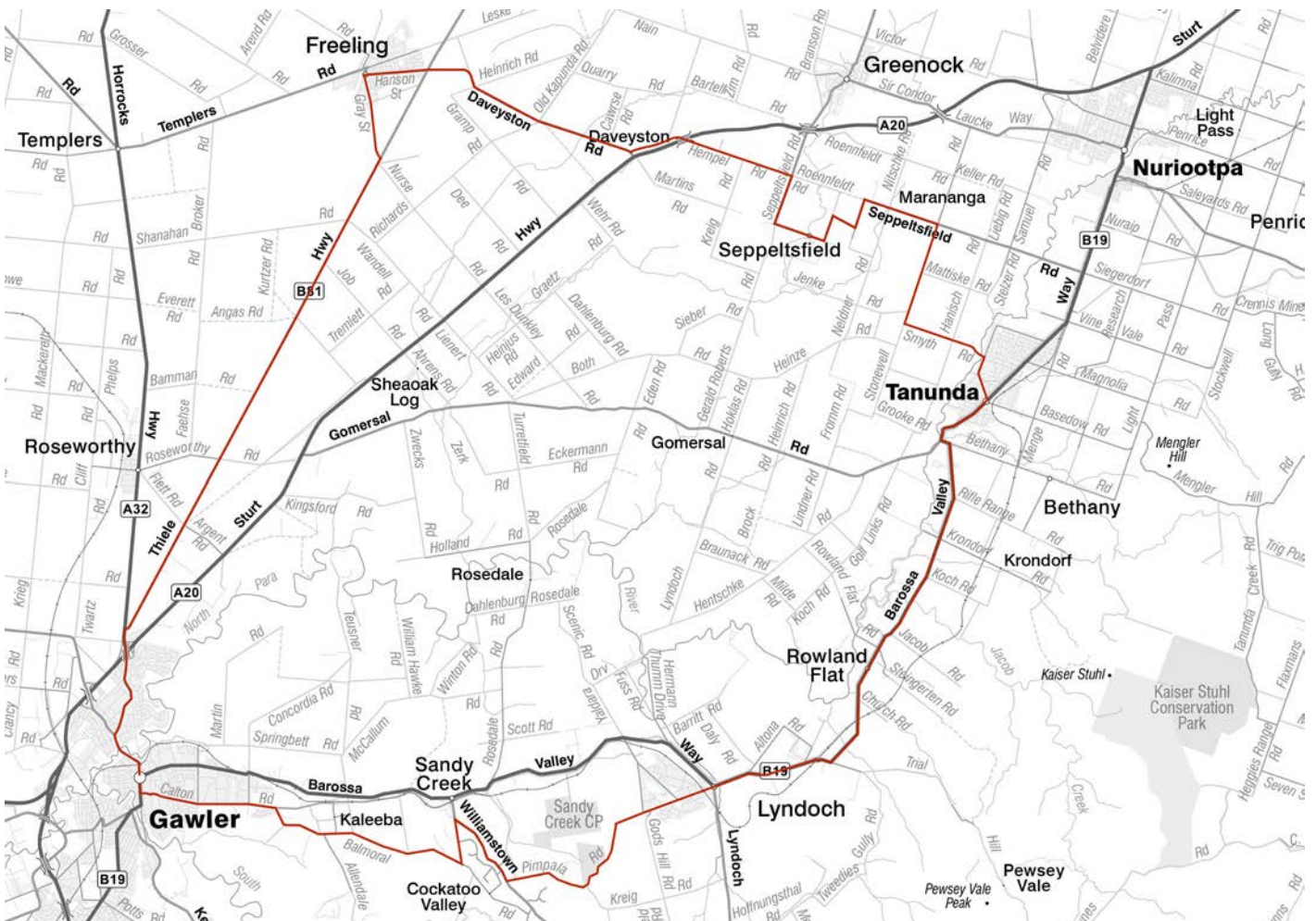
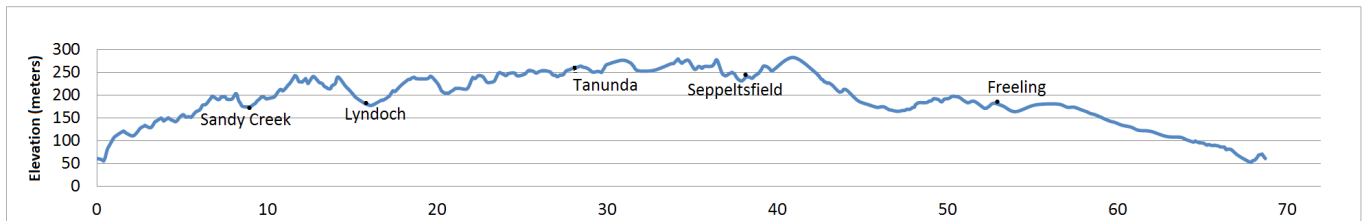
Lyndoch



Tanunda



Freeling







# Gawler - Freeling - Kapunda - Tarlee - Templers - Wasleys - Gawler. 100km. 4.5 to 5 hours

This ride takes in the open countryside with all the hard work in the first half.

From the V.I.C. head up Lyndoch Road to the first intersection and turn left up Edith Street. Follow this around, veering left and then over the railway line. At Murray Road stop, turn right and follow until you reach Main North Road (2km). Turn right, watching for traffic both ways. After you go under the highway overpass, go about 500 metres and turn right at the large green sign, Thiele Highway B81 Kapunda Morgan. You will be crossing across traffic so check for vehicles. Follow the road around and head north. The road rises up all the way to Freeling (18km). Turn left at Grey Street then into town where you can stop at the park on your right.

From the park leave directly east, past the oval. When you meet the main road again, turn left. The road continues to rise and you pass through some cuttings until you reach Kapunda (36 km). There are plenty of spots

here to choose from for a break.

Next, continue up the street, and at the war memorial, turn left for Tarlee. The road edge is rough, but once you leave town it smooths out. This is where the serious climbing starts. By the 45km mark you have reached the high point, 376 m, and it's downhill all the way to Tarlee (52km). At the intersection turn left and there is a good spot to stop on your right.

The next section is on the main road, so keep well to the left. There are two small hills before you reach Templers (75.5km). Turn right here for Wasleys, taking into account vehicles from behind and coming towards you. (You can cut the ride short by continuing straight onto the town of Roseworthy and then back to Gawler.)

From here it's a quick run to Wasleys (81km) where there are toilets and water on your right. At the end of the Wasleys main street, turn left and travel past the University (88km), over a rise to the outskirts of Gawler.

At the big roundabout (96km) veer left down Redbanks Road then at the playground, veer left down Princess Street. Stop at Main North Road, and cross when safe. You end back at Murray Road and retrace your steps back to the V.I.C. (100km).

A great ride for stretching out your legs and taking in the big views.

Surface: Sealed road

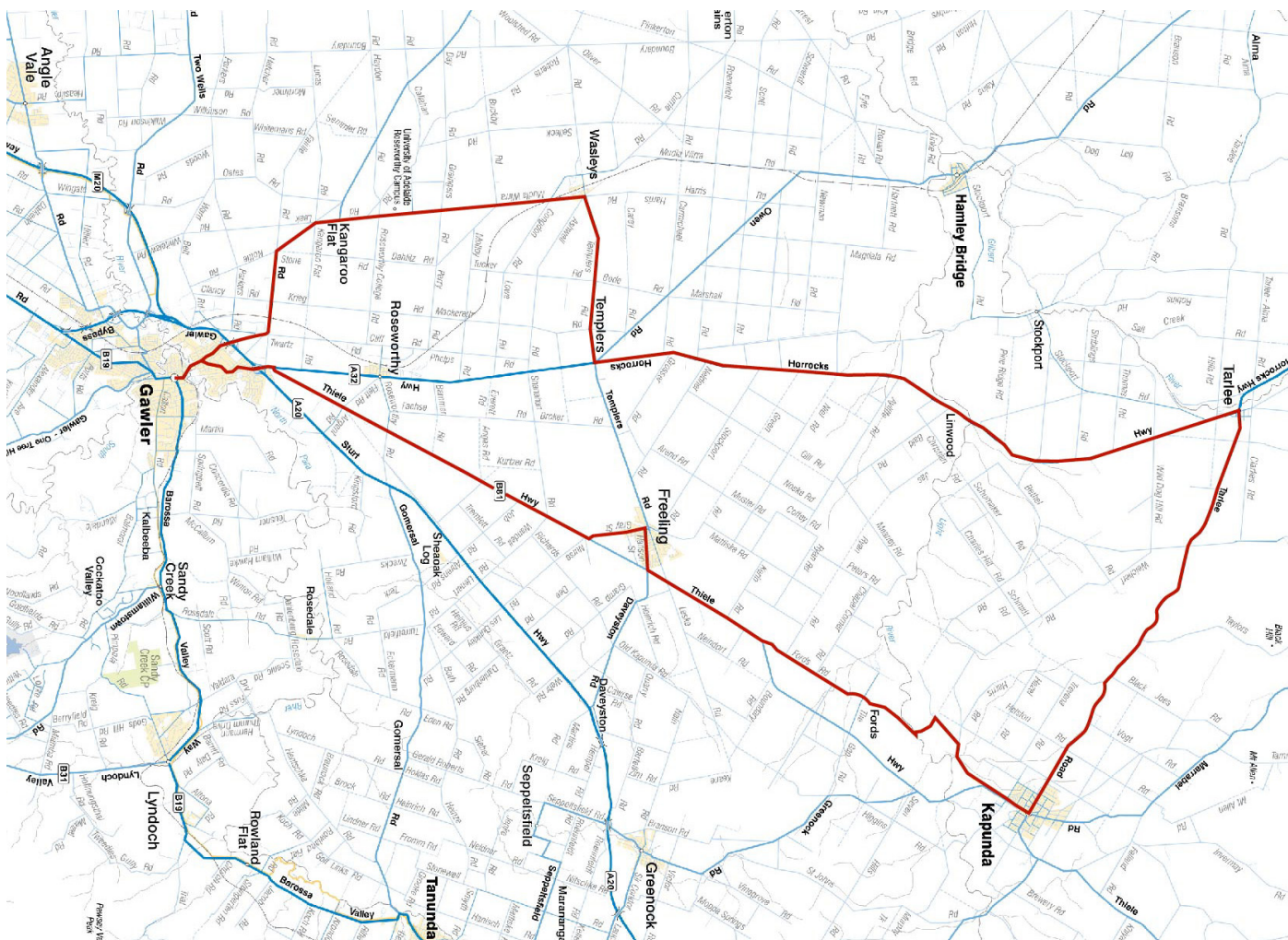
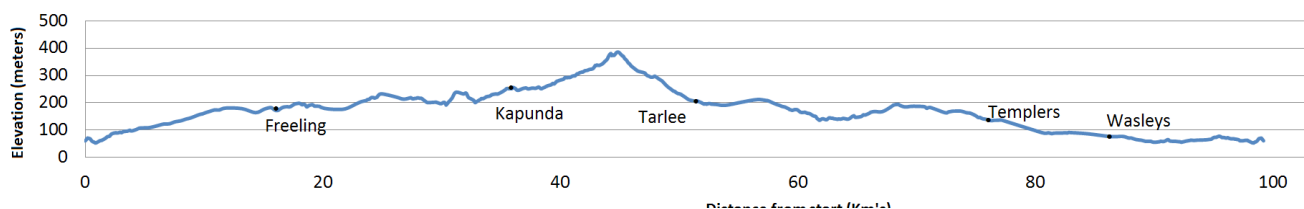
[www.mapmyride.com/routes/view/929715587](http://www.mapmyride.com/routes/view/929715587)

Freeling

Kapunda

Tarlee

Wasleys



# Maps and Descriptions Hill Rides



# Gawler - SOB - Blakeview - Medlow Road - Gawler One Tree Hill Road- Gawler. 40km. 1.5 - 2 hours.

A short, sharp ride.

From the VIC head up Lyndoch Road, left up Edith Street, veer left and then over the railway line. At Murray Road, cross over diagonally to connect with the shared pathway.

Follow the path over the bridge then back onto the road, following the road markings, under the bridge and around, carefully crossing over a narrow bridge on your left.

Follow the path, past the bowling and netball clubs until you go under the railway bridge. Then make a sharp right over the bridge, then right again. Pass under another railway, then right over the bridge. Follow the path directly until you reach the road again. Follow the road markings, turning left into Paternoster Road, and follow to the end. Stop and turn right. Once over the bypass bridge, turn right and then 50m up you have the start of the S.O.B (6km).

The S.O.B is not a continuous bikeway and crosses over a number of roads. Stop and check at each crossing, and look out for other cyclists, walkers and joggers. When you reach Curtis Road, (16.5 km) turn off the S.O.B and head east.

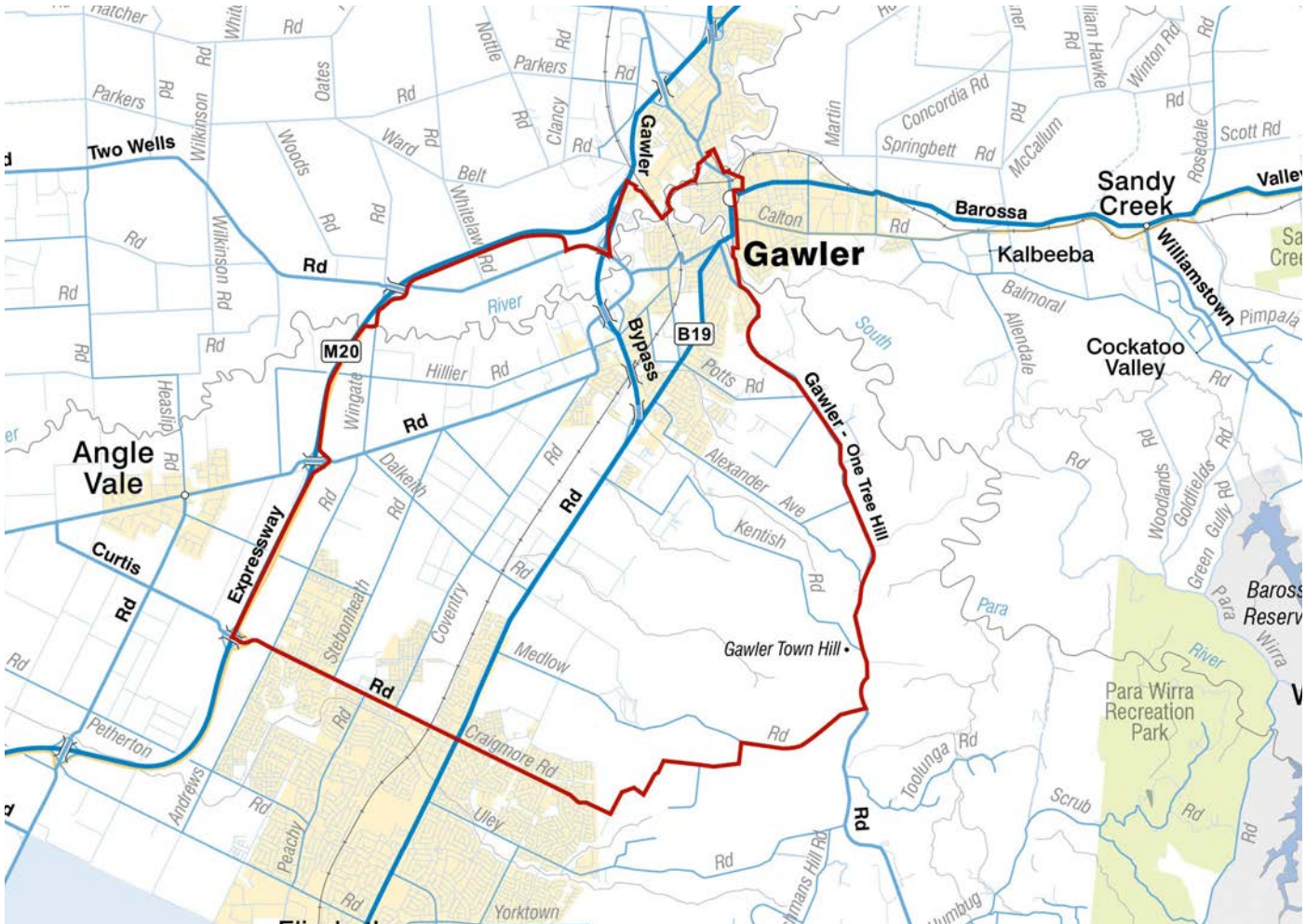
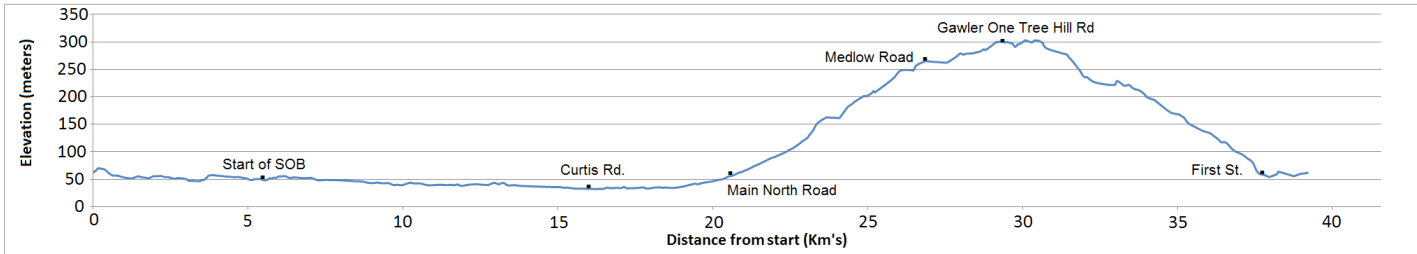
You are now on suburban roads, so be watchful. There is a cycle lane but at times there is debris that needs to be avoided. Cross over Main North Road at the lights and the road now becomes Craigmere Road, Blakeview. Follow the road through two roundabouts. This is where the climbing begins. You have a series of turns, the first to your left, as you ride up, but also a long downward stretch before another left turn that eventually leads to a 'T' intersection with Medlow Road (27km). Turn right here, and the road rises until you reach the intersection with the Gawler-One Tree Hill Road (G.O.T.H) (29.3km). Turn left here for the last bit of the climb, then it's downhill, with some steep sections, all the way back to Gawler.

You will eventually come to a stop sign at First Street (38km). Turn right, through the ford, then first right into Ayers Street and then left into High Street. Follow through to the VIC (40km).

This is a quick challenge with some hill climbing and quick descents.

Surface: Sealed road

[www.mapmyride.com/routes/view/1116503521](http://www.mapmyride.com/routes/view/1116503521)







## Gawler - Craigmores - Black Top Road - Cornishman's Hill - Gawler One Tree Hill Road - Gawler. 26km. 2 to 2.5 hours.

From the V.I.C. head up Lyndoch Road, left up Edith Street, veer left and then over the railway line. At Murray Road, cross over diagonally to connect with the shared pathway.

Follow the path over the bridge then back onto the road, following the road markings, under the bridge and around, carefully crossing over a narrow bridge on your left. Follow the path, past the bowling and then netball clubs until you go under the railway bridge. Take a sharp right over the bridge, then right again. Pass under another railway then right over the bridge. Follow the path directly until you reach the road again. Follow the road markings, turning left into Paternoster Road, and follow to the end. Stop and turn right. Once over the bypass bridge, turn right and then 50m up, you have the start of the S.O.B (6km). The S.O.B is not a continuous bikeway, and crosses over a number of roads. Stop and check at each crossing, and look out for others. When you reach Curtis Road, (16.5km) turn off the S.O.B and head east.

You are now on suburban roads, so be watchful. There is a cycle lane although at times you will need to avoid debris. Cross over Main North Road at the lights. The road now turns into Craigmores Road. Follow the road up through to the second roundabout and turn right into Adams Road (23km).

At the end of Adams Road, turn left onto Yorktown Road. You climb in a series of four steps till the intersection with Black Top Road (31km). Turn left into Black Top Road. This road can be busy, so keep left. After 2kms turn left into Cornishman's Hill Road (31km). This is a serious climb. The road dips down so you can pick up some momentum before it dips up again. The really steep bit is the last 100 metres.

If you choose not to do the climb, you can continue along Black Top Road for about 500 metres and you reach the township of One Tree Hill. There are toilets, water and food here. If you then continue on to the 'T' inter-

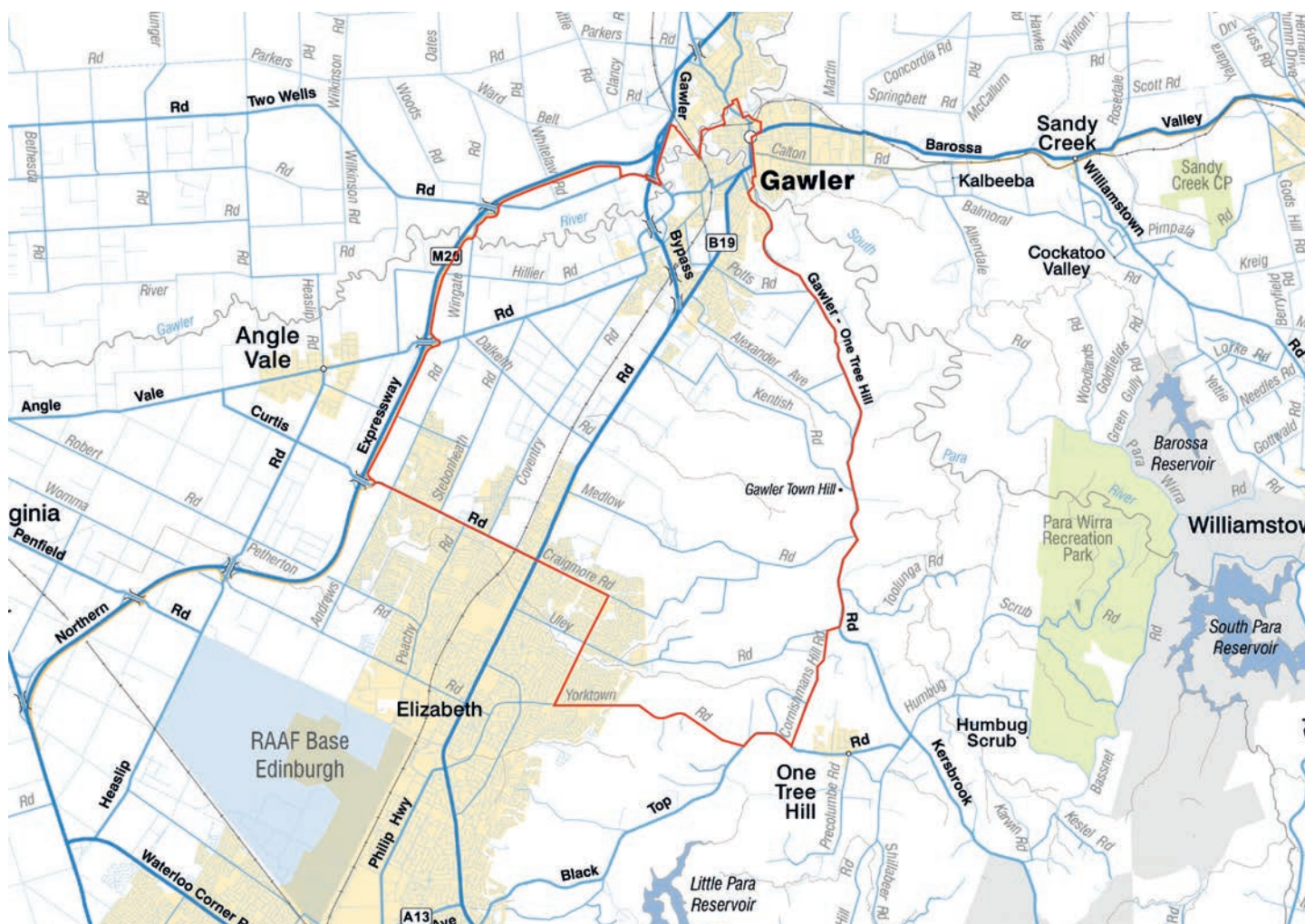
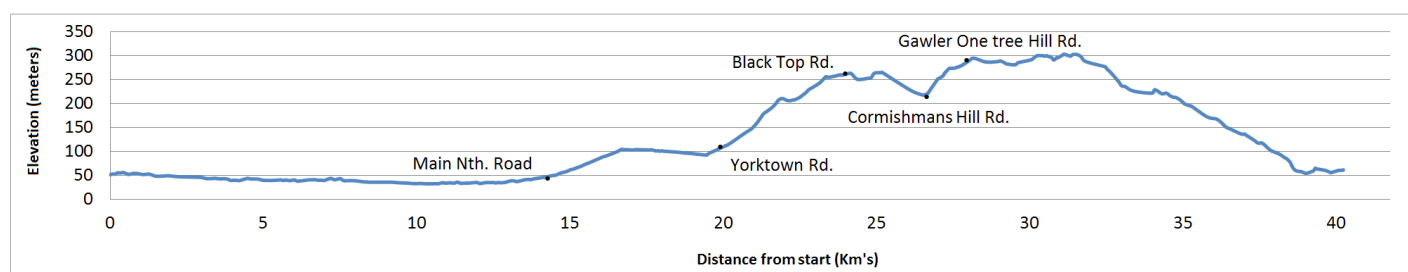
section and turn right, about 400m along, you reach the Humbug Scrub Road roundabout. Turn left on to the Gawler One Tree Hill Road and head towards Gawler. At the top of Cornishman's Hill, turn right into Uley Road, and then left onto Gawler One Tree Hill Road (33km). It's essentially downhill back to Gawler, with a few little rises plus great views on both sides of the road.

You will eventually come to a stop sign at First Street (45km). Turn right, through the ford and then first right, into Ayers Street, then quickly left into High Street. Follow through to the V.I.C. (46km).

Some good climbing and some great views.

Surface: Sealed road  
[www.mapmyride.com/routes/view/1116487420](http://www.mapmyride.com/routes/view/1116487420)

One Tree Hill







# Gawler - Gawler One Tree Hill Road - Kersbrook - Williamstown - Gawler. 37

60 km. 3 to 3.5 hours. / 69 km. 3.5 to 4 hours

To start this ride you need to take negotiate through the streets of Gawler. See map - page 17 for details to the start of the Gawler One Tree Hill Road.

The climbing starts when you turn on to the Gawler One Tree Hill Road (1.5km). You start to climb straight away until you go past Alexander Avenue (9kms). The road levels out a bit so you can put on a steady pace until you reach the Humbug Scrub roundabout (9km). Check for cars, they can be moving quickly.

Continue on, now the shoulder is wider, and the road rises up to Mt Gawler (22km) at 502m. Next, downhill all the way to Kersbrook (26km). It's a steep descent, watch out for forestry vehicles, mud on the road and cross winds.

There is a community centre on the corner for a stopping spot.

Head left now (north) to Williamstown. The

road undulates and you cross over the South Para Reservoir (37km), watch for the gaps between the sections on the bridge. There are also a lot of kangaroos. At Williamstown (41 km), turn left, then about 500m on your right, there is a park to stop at.

After the Park, turn immediately left down Yettie Road which undulates as you pass the entrance to the Whispering Wall (46 km). Well worth the detour if you have the time.

Then a steep descent, until you reach Williamstown Road (49 km) Watch for cars on your right, best to wipe off some speed before you sweep left.

One kilometre on, turn left at Balmoral Road. There are a few steep pinches to watch for.

At 52 km there is a great view across the plain to the gulf. It is now downhill from here. Turn left at the end of Balmoral Road via the slip lane, onto Calton Road (55km), watching

for cars on your right.

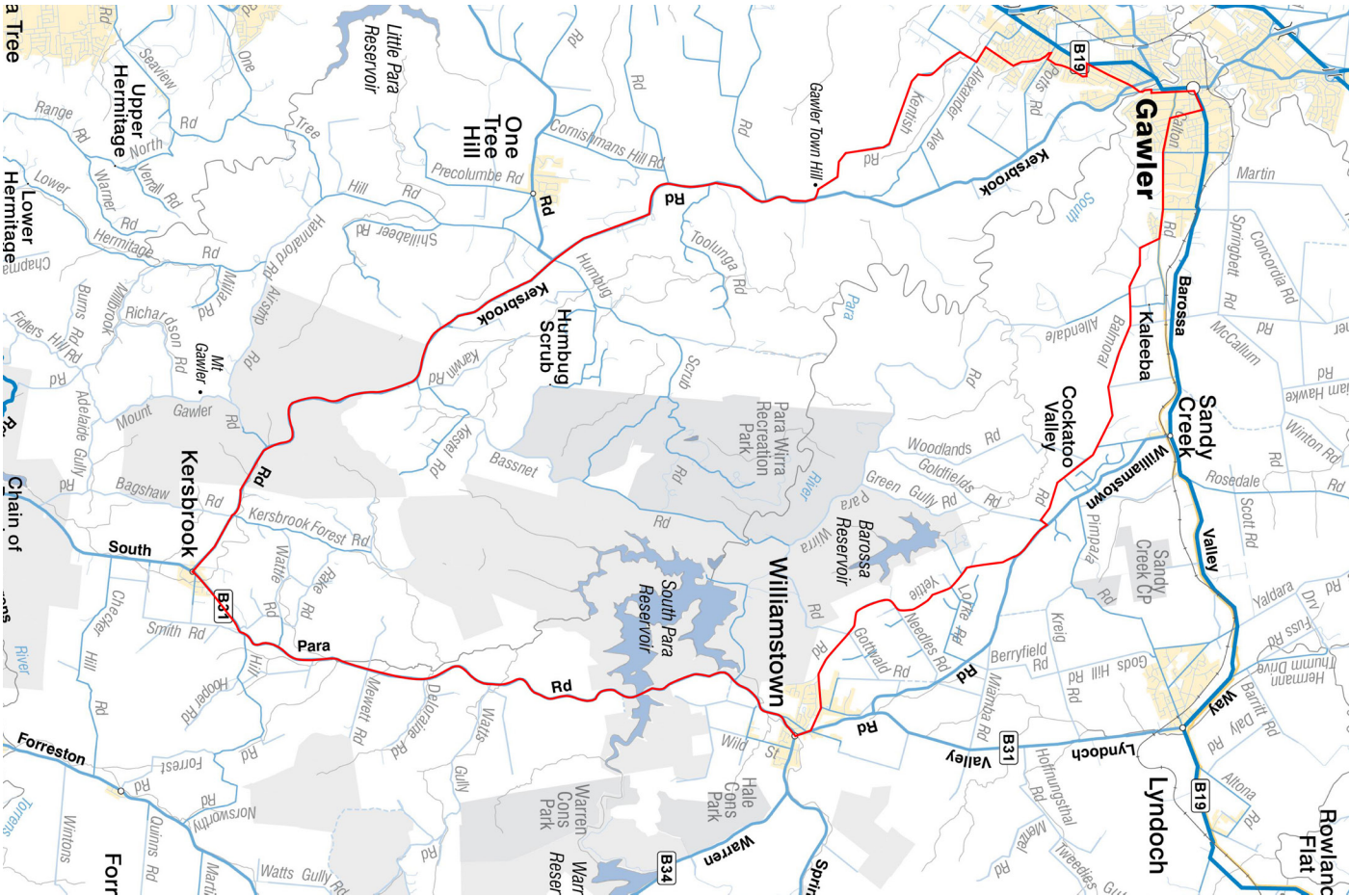
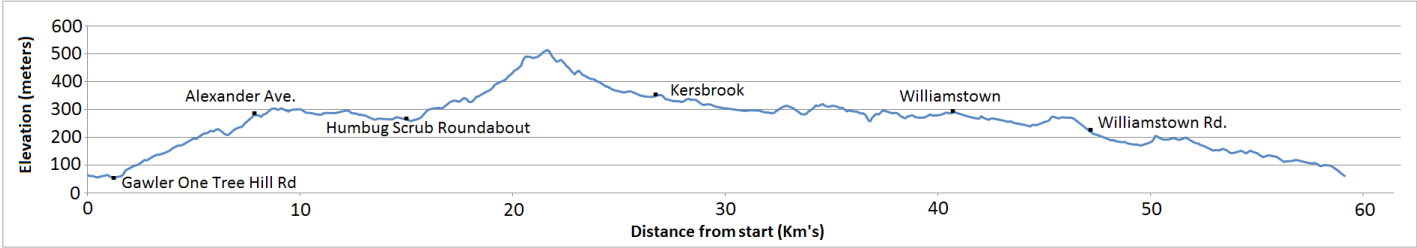
Travel along Calton Road, although there is very little shoulder to ride on, and cars are travelling fast. At East Terrace (56.5 km) turn right, then left onto Lyndoch Road and back to the V.I.C. (60 km) which you enter via Union Street using the turning lane. (Alternatively, you can turn down Sunnydale Ave (55.6 km) then return by Lyndoch Road or follow the road markings along the shared path and local roads, back to the V.I.C.).

This ride starts with a hilly climb, but once past Kersbrook, all the hard work is done.

[www.mapmyride.com/routes/view/1612519669](http://www.mapmyride.com/routes/view/1612519669)

Kersbrook

Williamstown





# Gawler - Kersbrook - Checkers Hill - Birdwood - Williamstown - Gawler. 81km. 3.5 to 4 hours.

This is a ride for the hill climbers, and includes the famous Checkers Hill.

To start this ride you need to negotiate the streets of Gawler. See VIC to Kentish Road and Alexander Ave for details.

The climbing starts from when you hit Kentish Road (6.2km) to Gawler One Tree Hill Road (G.O.T.H) (11km). Turn right, on an undulating road with rough narrow shoulders, to the Humbug Scrub roundabout (17.25km). Check for cars, they can be moving quickly.

Continue through the roundabout and now the shoulder is wider. It's a steady climb now until you reach the 24km mark and the top of Mt Gawler at 502m.

Next, downhill all the way to Kersbrook (28km). It's a steep descent, watch out for forestry vehicles, mud and cross winds.

There is a community centre on the corner; a good spot to stop.

From here, turn right (south) then on your left is the start of Checkers Hill (29.3km), with a 2km climb that is brutal, then a descent to Forreston (34.5km). Turn right and head to

Gumeracha (37km) where there are plenty of places to rest. From here, turn left and head to Birdwood (42.5) for a break, or make a left onto Warren Road to Williamstown just before Birdwood.

On the Warren Road you travel through the Mt Crawford forest (52km), over the Warren Reservoir (58km) and then a quick run into Williamstown (63km) with a park on your right.

After the park, turn left down Yettie Road, where you pass the entrance to the Whispering Wall (69km) then a steep descent, until you reach Williamstown Road (70km). It's best to wipe off some speed before you sweep left, and watch for cars.

One kilometre on, turn sharp left at Balmoral Road which undulates, and has a few sharp pinches.

At 74km there is a great view across the plain to the gulf, and it is downhill from here. Turn left at the end of Balmoral Road via the slip lane, onto Calton Road (78km), and watch for cars on your right.

Travel down along Calton Road, although there is very little shoulder to ride on, and cars are travelling at 80 km/hour. At Sunnydale Ave (79km) turn right, follow the road to the bike path and turn left, taking it back to the V.I.C. via Lyndoch Road or the local roads that are marked up. Alternatively you can take Calton Road to 80km, turn right into East Terrace, then left onto Lyndoch Road and back to the V.I.C (81 km) which you enter via Union Street, using the turning lane.

Surface: Sealed road

[www.mapmyride.com/routes/view/929725521](http://www.mapmyride.com/routes/view/929725521)

Kersbrook



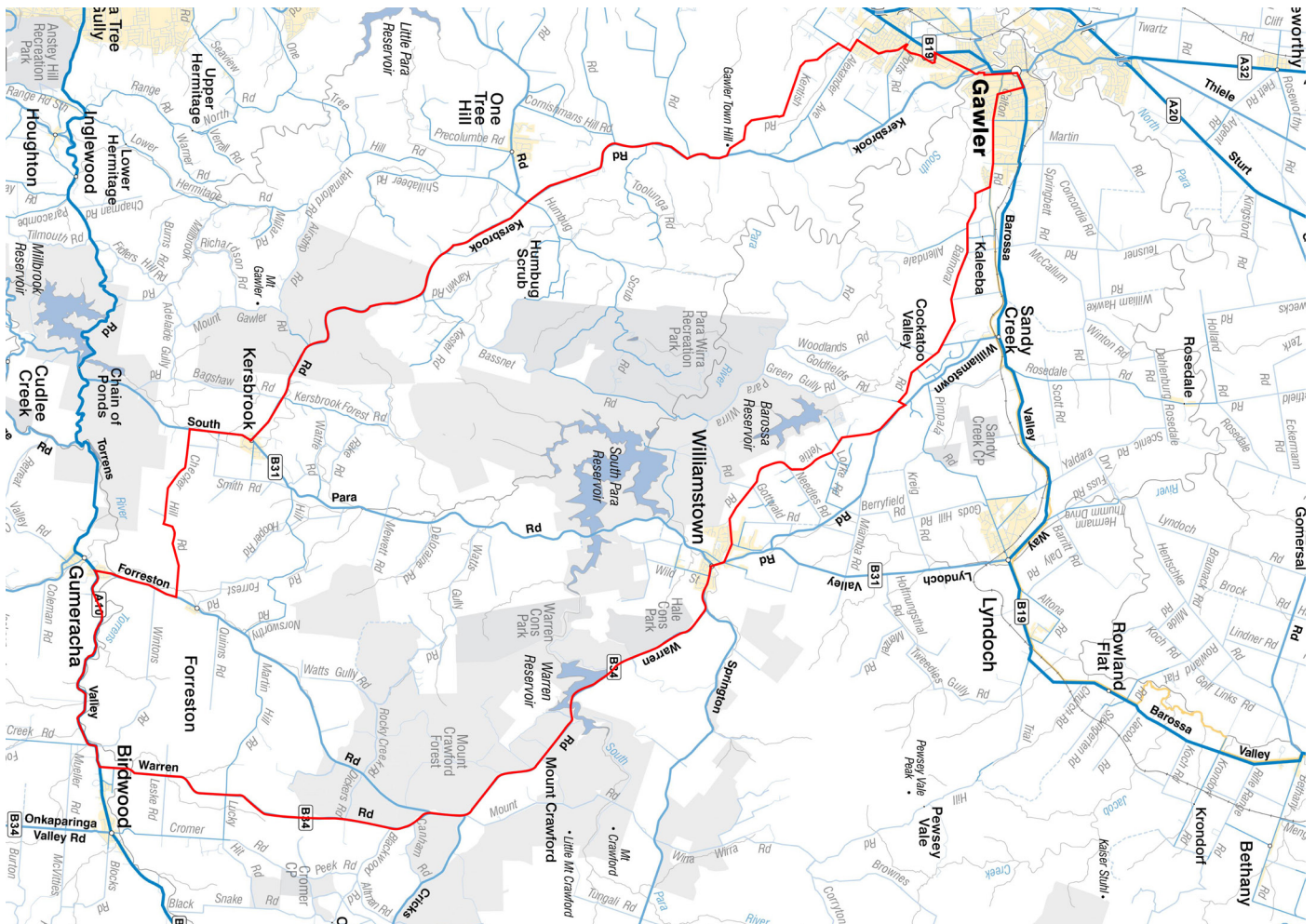
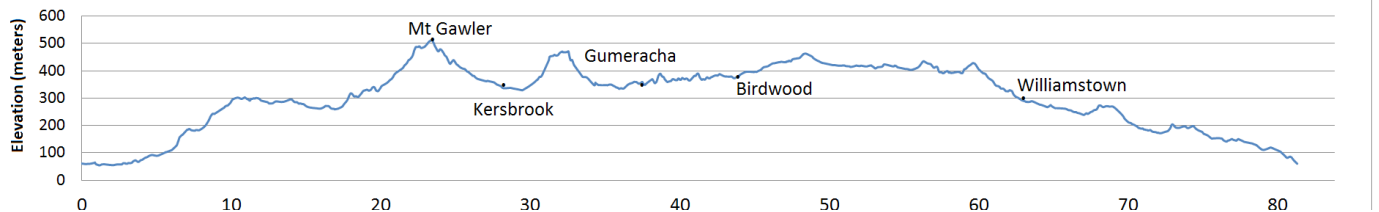
Gumeracha



Birdwood



Williamstown







# Gawler - Lyndoch - Williamstown - Eden Valley - Seven Steps - Tanunda - Lyndoch - Gawler. 100km. 4.5 to 5 hours.

This is a great ride, with everything in it. (Hint, save some legs for the steps).

From the V.I.C. you start the ride with a climb straight up Lyndoch Road. At Cheek Avenue (1.3km) the road narrows as it passes through a small cutting, so be careful.

Once you cross over the railway line it's full steam ahead. The road rises steadily and just before Sandy Creek (8km) there is a little hill that takes a bit of effort. You then run down to Sandy Creek, and make a steady climb up until you sweep right to Lyndoch (14km). On your left is the Village Green, which is a great place for a rest. Go straight ahead to Williamstown (22.6km), being careful of the tricky rail crossing that you cross at an angle.

In Williamstown there is a park on your left beside the pub which is also good for a break. In Williamstown veer to your left, then turn left at the oval (23.5km) for a steady rise all the way to Springton (42.5 km).

From here travel north to Eden Valley (50km). It's a steep climb out of Eden Valley, then at 54.5km, turn left onto Seven Steps Road. The climbing then starts in earnest with a series of seven quick rises, the 'steps'. Be ready to pace yourself.

At the top of the road, turn right onto Flaxmans Valley Road (58km), then after 1km turn left onto Tanunda Creek Road which will take you past Kaiserstuhl Conservation Park. Follow to the 'T' intersection and turn left. This leads you down Menglers Hill. This is a nice fast descent, but be ready for a complete stop at the bottom.

Turn left, and follow the sweeping bend to the right to take you into Tanunda (73km). Turn left, and there is a bike hub with all the amenities.

Now head south following the road as it veers around the cemetery. The road undulates until you reach Rowland Flat (81km). There is a steep descent, then a steady climb back out over the railway line. You cross over the line again via a tight bridge. From here it is

downhill to Lyndoch (86km). At Lyndoch turn right at the main intersection. The village green is a few hundred metres up.

From Lyndoch it is essentially downhill back to Gawler (100km). A great ride, with some beautiful views, especially between Springton and Eden Valley. Best to pace yourself.

Surface: Sealed road.

[www.mapmyride.com/routes/view/929726789](http://www.mapmyride.com/routes/view/929726789)

Lyndoch

Tanunda

Williamstown

Eden Valley

Springton

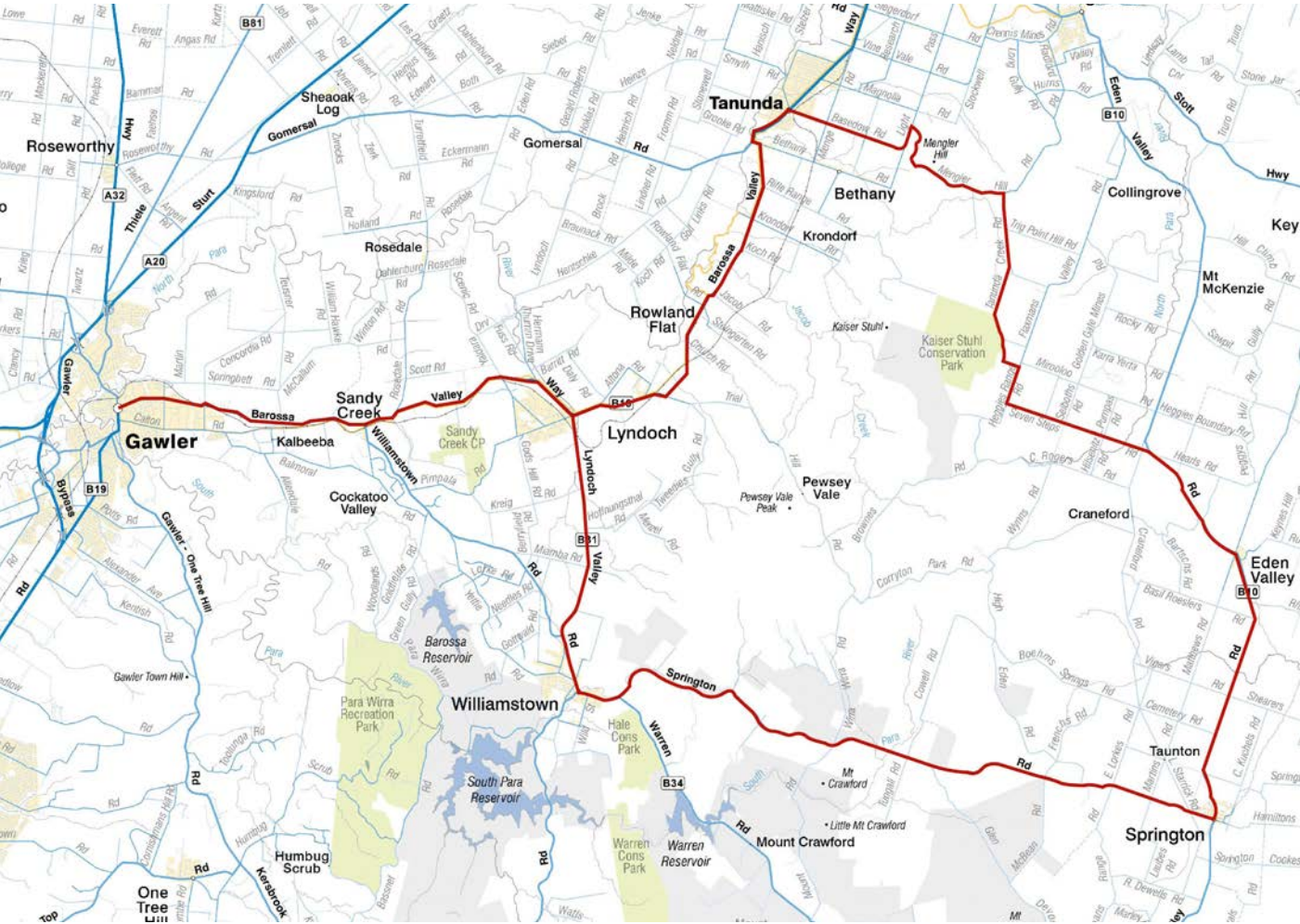
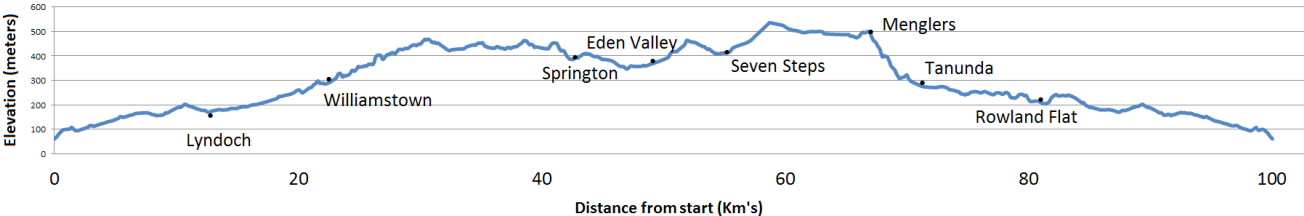
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## Gawler - Toolunga Road - Para Wirra - Humbug Scrub - Gawler. 62km. 3 to 3.5 hours.

This is an extreme hills ride that includes a little bit of unsealed surface, to make it just that bit more interesting. To start the ride, follow map VIC to Kentish Road and Alexander Ave. The climbing starts on Alexander Ave (5.3km) with a steep start, eventually reaching Gawler One Tree Hill Road (GOTH) (9km). Turn right and travel down until you reach Toolunga Road (13km), which has a small bus shelter, on your left.

This starts a steep descent of just over 2 km, where the road flattens out. You then wind down the bottom of the valley for another 1.4 km until you reach a turnaround (16km). You then climb your way back out. It is very steep with gradients reaching over 20%.

Back at GOTH Road, turn left and head to the Humbug Scrub roundabout (23.5km). Turn left, with the climbing starting again. There is a steady rise all the way up to the gates of Para Wirra Conservation Park (28km). This is a good spot to catch your breath. Continue

past the gates with the road flattening out. It's a bit narrow, but you go through very beautiful native vegetation on both sides.

Eventually you reach an intersection with Bassnet road (31km). It looks like a 'T' intersection but Humbug Scrub Road continues on to the left. Turn left and travel 3.4 km until a sharp, steep, right angle turns to the South Para River (34.4 km). This is where you turn around. Travel back up the road until you reach the intersection again with Bassnet Road, but this time you continue on. You now have 2.7km of unsealed road to cross, which is fine for a road bike, but be very careful. Then the road becomes sealed again and leads back to the Kersbrook Road (43km) via Karwin Road, where you turn right.

If you do not want to ride on the unsealed surface on Bassnet Road, simply turn back down Humbug Scrub Road at the intersection and go down to the roundabout again, then

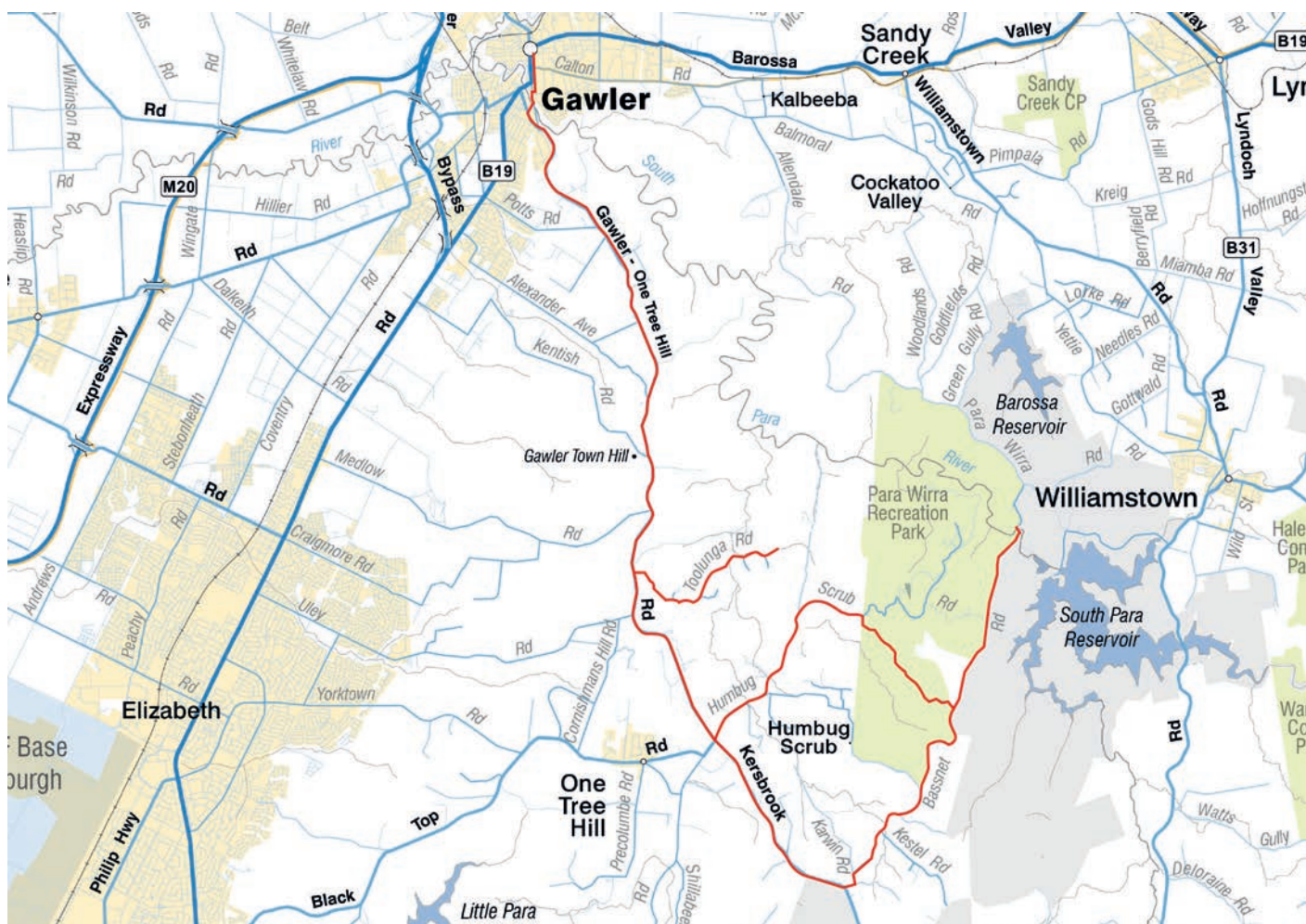
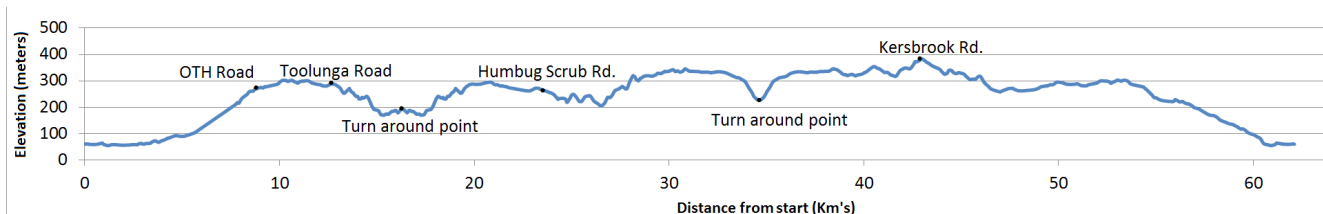
turn right. This is very steep and you will pick up speed.

From the end of Karwin Road, having turned right you are heading back to Gawler. Go through the Humbug Scrub intersection, with the road undulating all the way back to Gawler. You will eventually come to a stop sign at First Street (60km). Turn right, travel through the ford and then first right, into Ayers Street and then left into High Street. Follow through to the V.I.C (62 km).

There is plenty of climbing, with some really steep sections, a bit of unsealed road and lots of scenery to enjoy. This route is best not attempted when it is wet or in the winter, as the roads are wet and slippery.

Surface: Sealed road and unsealed road.

[www.mapmyride.com/routes/view/929677139](http://www.mapmyride.com/routes/view/929677139)







# Gawler - Allendale Road - Williamstown - Lyndoch - Rosedale - Gawler. 48kms. 3 to 3.5 hours.

A ride for the off-road bike.

From the V.I.C., head south down High Street to Calton Road and turn left. This is the first climb for the day. Follow the road up to the intersection with Balmoral Road (3.5km) and turn right. There is a bit of a crest so watch for cars. Next turn right at Allendale Road (4.7km). It is sealed to the 6 km mark and then it turns to gravel. This is where the fun begin. At 7km you go over a floodway and the climbing begins. The first 1km is the steepest, of the 7kms of climbing.

At the end of Allendale Road, (13.3 km) turn right into Para Wirra Road. When you reach the intersection with Humbug Scrub Road (16 km) turn left. The road is now bitumen, which you follow all the way until you reach Yettie Road (19km). The reward for all that climbing is going through some very pretty countryside.

Turn right and head into Williamstown (21km). A great place for a break with a park diagonally across the road to your right.

From here head north on the Lyndoch Valley Way to Lyndoch (29km), and continue on through the intersection. The Village Green is on your right. Continue out of Lyndoch on the Barossa Valley Way where there is a bike track you can use, turning right at Herman Thumm Drive (30km). Follow this till you reach Chateau Yaldara, on the North Para River (32.5 km). The road then runs right around the winery, past the big wine tanks and turns back to gravel.

The climbing starts again, and you turn right at Rosedale Scenic Drive (34 km) as the climbing continues. The road then veers to the left and into the township of Rosedale (37 km) Cross over to Dahlenburg Road and continue. Where the road turns left there is a beautiful view of the North Para River.

Next, turn right into Winton Road (39 km) and then through a ford. Turn right into McCullum Road (40.5km). Continue until an intersection (43km), turn left and then around the corner right into Springbett Road. Follow along until a left hand turn over a bridge crossing the rail line (46.5 km) into Cheek Avenue. At the intersection turn right into Lyndoch Road and back to the V.I.C. (48.4km)

This is a challenging ride, with a lot of climbing on gravel. Only suitable for a mountain bike. It's a great ride to get onto some back roads and experience some fantastic scenery.

Surface: Sealed and unsealed roads

[www.mapmyride.com/routes/view/1264068643](http://www.mapmyride.com/routes/view/1264068643)

Williamstown

Lyndoch

